

A3

SM Poi Lam, 31500 Ipoh, Perak

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			CHEMISTRY (A) LIM JING XIANG			CHEMISTRY (A) LIM JING XIANG	PURE MATH (A) SOO JIAN YUAN			PURE MATH (A) SOO JIAN YUAN			
Tuesday		ECONOMICS (A) KANG PING JOO				CHEMISTRY (A) LIM JING XIANG							
Wednesday		ECONOMICS (A) KANG PING JOO				BIOLOGY (A) LOKE WAI CHUAN							
Thursday		BIOLOGY (A) LOKE WAI CHUAN				PHYSICS (A) LIM JING XIANG							
Friday		PHYSICS (A) LIM JING XIANG				PURE MATH (A) SOO JIAN YUAN							

A4

SM Poi Lam, 31500 Ipoh, Perak

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			PURE MATH (A) SOO JIAN YUAN			PURE MATH (A) SOO JIAN YUAN	BIOLOGY (A) LOKE WAI CHUAN			BIOLOGY (A) LOKE WAI CHUAN			
Tuesday		PURE MATH (A) SOO JIAN YUAN				PHYSICS (A) LEE PAK FEI							
Wednesday		BIOLOGY (A) LOKE WAI CHUAN				PHYSICS (A) LEE PAK FEI							
Thursday		CHEMISTRY (A) LIM JING XIANG				FURTHER MATH (A) SOO JIAN YUAN							
Friday		FURTHER MATH (A) SOO JIAN YUAN				CHEMISTRY (A) LIM JING XIANG							

A5

SM Poi Lam, 31500 Ipoh, Perak

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45	
Monday			ECONOMICS (A) KANG PING JOO			ECONOMICS (A) KANG PING JOO	PHYSICS (A) ONG KAR WENG			PHYSICS (A) ONG KAR WENG				
Tuesday		PURE MATH (A) ONG EIK HOOI				BIOLOGY (A) TAN WOAN SEAN				ECONOMICS (A) KANG PING JOO				
Wednesday		CHEMISTRY (A) OOI KAY ENG				CHEMISTRY (A) OOI KAY ENG				FURTHER MATH (A) SOO JIAN YUAN				
Thursday		FURTHER MATH (A) SOO JIAN YUAN				PURE MATH (A) ONG EIK HOOI								
Friday		PHYSICS (A) ONG KAR WENG				BIOLOGY (A) TAN WOAN SEAN								

J1ZH

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : CHAN SOK SIM

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			ENGLISH LEI JIA WOEI	BAHASA MALAYSIA LING SOON CHING		CHINESE LANGUAGE CHAN SOK SIM	PT3 GEOGRAPHY ZAFIRAH	ENGLISH LEI JIA WOEI		BAHASA MALAYSIA LING SOON CHING	GEOGRAPHY WONG CHOON YENG	GENERAL SCIENCE KANG AI TING	MATHS CHAI YOU WEI
Tuesday		PHYSICAL EDUCATION HJY / O	GENERAL SCIENCE KANG AI TING	PT3 MATHS CHEN WAI MUN		BAHASA MALAYSIA LING SOON CHING	KEMAHIRAN HIDUP NITHIYAKAMALAM	MATHS CHAI YOU WEI		CHINESE LANGUAGE CHAN SOK SIM		MUSIC FAERIE LEE	ENGLISH LEI JIA WOEI
Wednesday		GENERAL SCIENCE KANG AI TING		HISTORY CHAN SOK SIM		MATHS CHAI YOU WEI	CHINESE LANGUAGE CHAN SOK SIM	CHINESE LANGUAGE CHAN SOK SIM		ART LEE SHI HUI			
Thursday		GENERAL SCIENCE KANG AI TING	ENGLISH LEI JIA WOEI	HISTORY CHAN SOK SIM		MATHS CHAI YOU WEI	BAHASA MALAYSIA LING SOON CHING	ART LEE SHI HUI		PT3 SCIENCE SASITHARAN	CHINESE LANGUAGE CHAN SOK SIM	COMPUTER HOR JUN YEN	
Friday		BAHASA MALAYSIA LING SOON CHING	INTERACTIVE ENGLISH SHAMIELAA			MATHS CHAI YOU WEI		PT3 HISTORY AMIELIA		GEOGRAPHY WONG CHOON YENG	ENGLISH LEI JIA WOEI		

J1XIN

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : GOH JIEN XIN

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			ENGLISH GOH JIEN XIN	HISTORY GOH JO HOOI		ENGLISH GOH JIEN XIN	PHYSICAL EDUCATION ONG YOON PHENG	MATHS DARCHINIE		BAHASA MALAYSIA NURSYUHaida	GENERAL SCIENCE NITHIYAKAMALAM	CHINESE LANGUAGE WONG CHOON YENG	
Tuesday		GENERAL SCIENCE NITHIYAKAMALAM		PT3 HISTORY AMIELIA		ART CHONG BOON FATT	ART CHONG BOON FATT	CHINESE LANGUAGE WONG CHOON YENG		MATHS DARCHINIE	BAHASA MALAYSIA NURSYUHaida	COMPUTER HOR JUN YEN	
Wednesday		MATHS DARCHINIE	GENERAL SCIENCE NITHIYAKAMALAM	HISTORY GOH JO HOOI		PT3 GEOGRAPHY ZAFIRAH	CHINESE LANGUAGE WONG CHOON YENG	ENGLISH GOH JIEN XIN		BAHASA MALAYSIA NURSYUHaida			
Thursday		ENGLISH GOH JIEN XIN	BAHASA MALAYSIA NURSYUHaida	GEOGRAPHY SEAN DOMINIC WONG		MATHS DARCHINIE	CHINESE LANGUAGE WONG CHOON YENG	MATHS DARCHINIE		KEMAHIRAN HIDUP NITHIYAKAMALAM	INTERACTIVE ENGLISH SHAMIELAA		MUSIC FAERIE LEE
Friday		ENGLISH GOH JIEN XIN		GENERAL SCIENCE NITHIYAKAMALAM		PT3 MATHS CHEN WAI MUN	BAHASA MALAYSIA NURSYUHaida	CHINESE LANGUAGE WONG CHOON YENG		GEOGRAPHY SEAN DOMINIC WONG	MATHS DARCHINIE	PT3 SCIENCE SASITHARAN	

J1PIN

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : KOK SHEE LOON

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			Group 1 PT3 GEOGR APHY NURUL BC 6 Group 2 BASIC MATH KOO KAR KEI	MATHS TAN WOAN SEAN		PT3 SCIEN CE SASITHARAN	Group 1 CHINESE LANGUAGE KOK SHEE LOON Group 2 CHINESE LANGUAGE CHAI YOU WEI			GENERAL SCIENCE LAM HEW TONG	Group 1 BAHASA MALAYSIA ZAFIRAH BC 6 Group 2 BASIC SCIENCE WONG YAO WEN	ART LEE SHI HUI	ART LEE SHI HUI
Tuesday		Group 1 CHINESE LANGUAGE KOK SHEE LOON R23-1 Group 2 CHINESE LANGUAGE CHAI YOU WEI	COMPUTER HOR JUN YEN			ENGLISH GOH JIEN XIN		PHYSICAL EDUCATIO N ONG YOON PHENG		HISTORY HO WEI HOW	GENERAL SCIENCE LAM HEW TONG	MATHS TAN WOAN SEAN	Group 1 BAHASA MALAYSIA ZAFIRAH BC 5 Group 2 BASIC SCIENCE WONG YAO WEN
Wednesday		Group 1 BAHASA MALAYSIA ZAFIRAH BC 5 Group 2 BASIC MATH KOO KAR KEI	Group 1 CHINESE LANGUAGE KOK SHEE LOON R22-2 Group 2 CHINESE LANGUAGE CHAI YOU WEI	HISTORY HO WEI HOW		PT3 MATHS TAN WOAN SEAN	ENGLISH GOH JIEN XIN	GEOGRAP HY SHAMIELAA		MATHS TAN WOAN SEAN			
Thursday		Group 1 BAHASA MALAYSIA ZAFIRAH BC 6 Group 2 BASIC MATH KOO KAR KEI		Group 1 ENGLISH GOH JIEN XIN Group 2 BASIC SCIENCE WONG YAO WEN		GENERAL SCIENCE LAM HEW TONG		MATHS TAN WOAN SEAN		Group 1 CHINESE LANGUAGE KOK SHEE LOON R22-1 Group 2 CHINESE LANGUAGE CHAI YOU WEI	MATHS TAN WOAN SEAN	MUSIC FAERIE LEE	ENGLISH GOH JIEN XIN
Friday		GEOGRAP HY SHAMIELAA	Group 1 KEMAHIRAN HIDUP NITHIYAKAMALA M BC 6 Group 2 BASIC MATH KOO KAR KEI	ENGLISH GOH JIEN XIN		Group 1 PT3 HISTOR Y AMIELIA BC 6 Group 2 BASIC SCIENCE WONG YAO WEN	INTERACTIVE ENGLISH SHAMIELAA			Group 1 CHINESE LANGUAGE KOK SHEE LOON R22-1 Group 2 CHINESE LANGUAGE CHAI YOU WEI	MATHS TAN WOAN SEAN	GENERAL SCIENCE LAM HEW TONG	

J1LI

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : TAN WOAN SEAN

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			Group 1 BAHASA MALAYSIA ZAFIRAH BC 6 Group 2 BASIC MATH KOO KAR KEI	GENERAL SCIENCE NITHIYAKAMALAM		ENGLISH LEI JIA WOEI	Group 1 CHINESE LANGUAGE HO WEI HOW Group 2 CHINESE LANGUAGE CHAI YOU WEI			HISTORY HO WEI HOW	MATHS TAN WOAN SEAN	PT3 MATHS TAN WOAN SEAN	MATHS TAN WOAN SEAN
Tuesday		Group 1 CHINESE LANGUAGE HO WEI HOW R23-1 Group 2 CHINESE LANGUAGE CHAI YOU WEI	MATHS TAN WOAN SEAN	GENERAL SCIENCE NITHIYAKAMALAM		Group 1 BAHASA MALAYSIA ZAFIRAH BC 5 Group 2 BASIC SCIENCE KANG AI TING	GEOGRAPHY SEAN DOMINIC WONG	ENGLISH LEI JIA WOEI		MUSIC FAERIE LEE	ENGLISH LEI JIA WOEI	INTERACTIVE ENGLISH SHAMIELAA	
Wednesday		Group 1 PT3 GEOGRAPHY NURUL BC 5 Group 2 BASIC MATH KOO KAR KEI	Group 1 CHINESE LANGUAGE HO WEI HOW R22-2 Group 2 CHINESE LANGUAGE CHAI YOU WEI	ART CHONG BOON FATT		ART CHONG BOON FATT	MATHS TAN WOAN SEAN	Group 1 BAHASA MALAYSIA ZAFIRAH BC 5 Group 2 BASIC SCIENCE KANG AI TING		PT3 SCIENCE SASITHARAN			
Thursday		Group 1 KEMAHIRAN HIDUP HASLINA BC 6 Group 2 BASIC MATH KOO KAR KEI	PHYSICAL EDUCATION ONG YOON PHENG	Group 1 BAHASA MALAYSIA ZAFIRAH BC 6 Group 2 BASIC SCIENCE KANG AI TING		MATHS TAN WOAN SEAN	GENERAL SCIENCE NITHIYAKAMALAM			Group 1 CHINESE LANGUAGE HO WEI HOW R22-1 Group 2 CHINESE LANGUAGE CHAI YOU WEI	GEOGRAPHY SEAN DOMINIC WONG	ENGLISH LEI JIA WOEI	
Friday		MATHS TAN WOAN SEAN	Group 1 BAHASA MALAYSIA ZAFIRAH BC 6 Group 2 BASIC MATH KOO KAR KEI	ENGLISH LEI JIA WOEI		HISTORY HO WEI HOW	COMPUTER HOR JUN YEN			Group 1 CHINESE LANGUAGE HO WEI HOW R22-1 Group 2 CHINESE LANGUAGE CHAI YOU WEI	Group 1 PT3 HISTORY AMIELIA BC 5 Group 2 BASIC SCIENCE KANG AI TING	GENERAL SCIENCE NITHIYAKAMALAM	

J1ZI

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : LAM HEW TONG

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			Group 1 KEMAHIRAN HIDUP NITHIYAKAMALA M	MATHS		MATHS	Group 1 CHINESE LANGUAGE WONG CHOON YENG			PT3 MATHS CHEN WAI MUN	Group 1 BAHASA MALAYSIA LING SOON CHING	GENERAL SCIENCE LAM HEW TONG	
			BC 6 Group 2 BASIC MATH KOO KAR KEI	DARCHINIE		DARCHINIE	Group 2 CHINESE LANGUAGE CHAI YOU WEI				BC 6 Group 2 BASIC SCIENCE WONG YAO WEN		
Tuesday		Group 1 CHINESE LANGUAGE WONG CHOON YENG	GENERAL SCIENCE	MATHS		ENGLISH	ENGLISH	PT3 SCIEN CE		INTERACTIVE ENGLISH ANNY FOONG		GEOGRAP HY SEAN DOMINIC WONG	Group 1 BAHASA MALAYSIA LING SOON CHING
		R23-1 Group 2 CHINESE LANGUAGE CHAI YOU WEI		LAM HEW TONG	DARCHINIE		LEI JIA WOEI	LEI JIA WOEI	SASITHARAN				BC 5 Group 2 BASIC SCIENCE WONG YAO WEN
Wednesday		Group 1 PT3 HISTOR Y AMIELIA	Group 1 CHINESE LANGUAGE WONG CHOON YENG	MATHS		ART	ART	HISTORY		ENGLISH LEI JIA WOEI			
		BC 5 Group 2 BASIC MATH KOO KAR KEI	R22-2 Group 2 CHINESE LANGUAGE CHAI YOU WEI	DARCHINIE		LEE SHI HUI	LEE SHI HUI	GOH JO HOOI					
Thursday		Group 1 BAHASA MALAYSIA LING SOON CHING		PHYSICAL EDUCATIO N ONG YOON PHENG		COMPUTER		ENGLISH		Group 1 CHINESE LANGUAGE WONG CHOON YENG	MUSIC	GENERAL SCIENCE	MATHS
		BC 6 Group 2 BASIC MATH KOO KAR KEI	BC 5 Group 2 BASIC SCIENCE WONG YAO WEN				HEONG CHOON HO		LEI JIA WOEI		R22-1 Group 2 CHINESE LANGUAGE CHAI YOU WEI	FAERIE LEE	LAM HEW TONG
Friday		GEOGRAP HY SEAN DOMINIC WONG	Group 1 CHINESE LANGUAGE WONG CHOON YENG	MATHS		Group 1 BAHASA MALAYSIA LING SOON CHING	ENGLISH			Group 1 PT3 GEOGR APHY ZAFIRAH	GENERAL SCIENCE LAM HEW TONG	HISTORY GOH JO HOOI	
			BC 6 Group 2 BASIC MATH KOO KAR KEI	DARCHINIE			BC 6 Group 2 BASIC SCIENCE WONG YAO WEN	LEI JIA WOEI					R22-1 Group 2 CHINESE LANGUAGE CHAI YOU WEI

J1YI

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : LEOW SOOK WAN

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			Group 1 BAHASA MALAYSIA NURSYUHADA BC 6 Group 2 BASIC MATH KOO KAR KEI	GEOGRAPHY SHAMIELAA		PT3 GEOGRAPHY ZAFIRAH	Group 1 CHINESE LANGUAGE CHAN SOK SIM Group 2 CHINESE LANGUAGE CHAI YOU WEI			MATHS LEOW SOOK WAN	ENGLISH GOH JIEN XIN		GENERAL SCIENCE NITHYAKAMALAM
Tuesday		Group 1 CHINESE LANGUAGE CHAN SOK SIM R23-1 Group 2 CHINESE LANGUAGE CHAI YOU WEI	GEOGRAPHY SHAMIELAA	MATHS LEOW SOOK WAN		Group 1 KEMAHIRAN HIDUP HASLINA BC 5 Group 2 BASIC SCIENCE KANG AI TING	PHYSICAL EDUCATION ONG YOON PHENG	GENERAL SCIENCE NITHYAKAMALAM		ENGLISH GOH JIEN XIN	MUSIC FAERIE LEE	ART CHONG BOON FATT	ART CHONG BOON FATT
Wednesday		Group 1 BAHASA MALAYSIA NURSYUHADA BC 5 Group 2 BASIC MATH KOO KAR KEI	Group 1 CHINESE LANGUAGE CHAN SOK SIM R22-2 Group 2 CHINESE LANGUAGE CHAI YOU WEI	MATHS LEOW SOOK WAN		GENERAL SCIENCE NITHYAKAMALAM		Group 1 HISTORY HO WEI HOW BC 5 Group 2 BASIC SCIENCE KANG AI TING		ENGLISH GOH JIEN XIN			
Thursday		Group 1 BAHASA MALAYSIA NURSYUHADA BC 6 Group 2 BASIC MATH KOO KAR KEI	MATHS LEOW SOOK WAN	Group 1 PT3 HISTORY AMIELIA BC 6 Group 2 BASIC SCIENCE KANG AI TING		ENGLISH GOH JIEN XIN	MATHS LEOW SOOK WAN	ENGLISH GOH JIEN XIN		Group 1 CHINESE LANGUAGE CHAN SOK SIM R22-1 Group 2 CHINESE LANGUAGE CHAI YOU WEI	PT3 MATHS CHEN WAI MUN	INTERACTIVE ENGLISH ANNY FOONG	
Friday		GENERAL SCIENCE NITHYAKAMALAM	Group 1 CHINESE LANGUAGE CHAN SOK SIM BC 6 Group 2 BASIC MATH KOO KAR KEI	PT3 SCIENCE SASITHARAN		MATHS LEOW SOOK WAN	COMPUTER HEONG CHOON HO			Group 1 BAHASA MALAYSIA NURSYUHADA R22-1 Group 2 CHINESE LANGUAGE CHAI YOU WEI	BC 5 Group 2 BASIC SCIENCE KANG AI TING	HISTORY HO WEI HOW	

J2ZH

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : CHAI YOU WEI

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			GENERAL SCIENCE KANG AI TING	BAHASA MALAYSIA AMIELIA		MATHS CHAI YOU WEI	COMPUTER HEONG CHOON HO			HISTORY OOI ZET FONG	ENGLISH RAMINDER		CHINESE LANGUAGE CHAN SOK SIM
Tuesday		PT3 GEOGRAPHY ZAFIRAH	CHINESE LANGUAGE CHAN SOK SIM	ENGLISH RAMINDER		MATHS CHAI YOU WEI		CHINESE LANGUAGE CHAN SOK SIM		PT3 SCIENCE LAM HEW TONG	GENERAL SCIENCE KANG AI TING	INTERACTIVE ENGLISH GOH JIEN XIN	
Wednesday		ENGLISH RAMINDER	PHYSICAL EDUCATION HJY / O	PT3 HISTORY NURSYUHADA		GEOGRAPHY WONG CHOON YENG	BAHASA MALAYSIA AMIELIA	MATHS CHAI YOU WEI		GENERAL SCIENCE KANG AI TING			
Thursday		HISTORY OOI ZET FONG	KEMAHIRAN HIDUP HASLINA	MATHS CHAI YOU WEI		CHINESE LANGUAGE CHAN SOK SIM	GENERAL SCIENCE KANG AI TING			COUNSELLING COUNSELING TEACHER	BAHASA MALAYSIA AMIELIA		PT3 MATHS KOO KAR KEI
Friday		ENGLISH RAMINDER	MATHS CHAI YOU WEI	GEOGRAPHY WONG CHOON YENG		ENGLISH RAMINDER	BAHASA MALAYSIA AMIELIA	CHINESE LANGUAGE CHAN SOK SIM		CHINESE LANGUAGE CHAN SOK SIM	ART CHONG BOON FATT	ART CHONG BOON FATT	

J2LI

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : CHEAH CHUN FYE

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			GENERAL SCIENCE LAM HEW TONG	PHYSICAL EDUCATION ONG YOON PHENG		HISTORY TERESA CHAU CHUI MIN	Group 1 PT3 HISTORY NURSYUHaida BC 6 Group 2 BASIC MATH TAN WOAN SEAN	Group 1 BAHASA MALAYSIA HASLINA BC 5 Group 2 BASIC SCIENCE KANG AI TING		ENGLISH CHEAH CHUN FYE	MATHS DARCHINIE	ENGLISH CHEAH CHUN FYE	PT3 MATHS KOO KAR KEI
Tuesday		MATHS DARCHINIE		ENGLISH CHEAH CHUN FYE		GEOGRAPHY SHAMIELAA	HISTORY TERESA CHAU CHUI MIN	Group 1 CHINESE LANGUAGE GOH JO HOOI R22-2 Group 2 CHINESE LANGUAGE HO WEI HOW		COUNSELLING COUNSELING TEACHER	Group 1 BAHASA MALAYSIA HASLINA BC 5 Group 2 BASIC MATH TAN WOAN SEAN BC 5 Group 2 BASIC SCIENCE KANG AI TING		GENERAL SCIENCE LAM HEW TONG
Wednesday		GENERAL SCIENCE LAM HEW TONG		Group 1 KEMAHIRAN HIDUP TAMILARASI BC 5 Group 2 BASIC SCIENCE KANG AI TING		Group 1 CHINESE LANGUAGE GOH JO HOOI R22-2 Group 2 CHINESE LANGUAGE HO WEI HOW	INTERACTIVE ENGLISH RAMINDER			ENGLISH CHEAH CHUN FYE			
Thursday		COMPUTER HEONG CHOON HO		PT3 SCIENCE LIM YOON FOO		Group 1 CHINESE LANGUAGE GOH JO HOOI R23-2 Group 2 CHINESE LANGUAGE HO WEI HOW	R22-2 Group 2 CHINESE LANGUAGE HO WEI HOW	ENGLISH CHEAH CHUN FYE		GEOGRAPHY SHAMIELAA	MATHS DARCHINIE		Group 1 BAHASA MALAYSIA HASLINA BC 6 Group 2 BASIC MATH TAN WOAN SEAN
Friday		Group 1 PT3 GEOGRAPHY ZAFIRAH BC 6 Group 2 BASIC SCIENCE KANG AI TING	Group 1 CHINESE LANGUAGE GOH JO HOOI R22-2 Group 2 CHINESE LANGUAGE HO WEI HOW	Group 1 CHINESE LANGUAGE GOH JO HOOI R23-2 Group 2 CHINESE LANGUAGE HO WEI HOW		GENERAL SCIENCE LAM HEW TONG	ENGLISH CHEAH CHUN FYE	MATHS DARCHINIE		ART LEE SHI HUI	ART LEE SHI HUI	Group 1 BAHASA MALAYSIA HASLINA BC 5 Group 2 BASIC MATH TAN WOAN SEAN	

J2HE

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : LEE SHI HUI

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			ENGLISH RAMINDER	PT3 MATHS KOO KAR KEI		HISTORY OOI ZET FONG	Group 1 BAHASA MALAYSIA AMIELIA BC 6 Group 2 BASIC MATH TAN WOAN SEAN	BC 5 Group 2 BASIC SCIENCE KANG AI TING		GENERAL SCIENCE NITHYAKAMALAM	GEOGRAPHY SHAMIELAA	MATHS DARCHINIE	
Tuesday		INTERACTIVE ENGLISH GOH JIEN XIN		ART LEE SHI HUI		ART LEE SHI HUI	ENGLISH RAMINDER	Group 1 CHINESE LANGUAGE TERESA CHAU CHUI MIN R22-2 Group 2 CHINESE LANGUAGE HO WEI HOW		GEOGRAPHY SHAMIELAA	Group 1 PT3 GEOGRAPHY ZAFIRAH BC 5 Group 2 BASIC MATH TAN WOAN SEAN	Group 1 PT3 HISTORY NURSYUHADA BC 5 Group 2 BASIC SCIENCE KANG AI TING	GENERAL SCIENCE NITHYAKAMALAM
Wednesday		COMPUTER HEONG CHOON HO		Group 1 KEMAHIRAN HIDUP HASLINA BC 5 Group 2 BASIC SCIENCE KANG AI TING		Group 1 CHINESE LANGUAGE TERESA CHAU CHUI MIN R22-2 Group 2 CHINESE LANGUAGE HO WEI HOW	MATHS DARCHINIE			BAHASA MALAYSIA AMIELIA			
Thursday		PHYSICAL EDUCATION HJY / O	ENGLISH RAMINDER	MATHS DARCHINIE		Group 1 CHINESE LANGUAGE TERESA CHAU CHUI MIN R23-2 Group 2 CHINESE LANGUAGE HO WEI HOW	Group 1 CHINESE LANGUAGE TERESA CHAU CHUI MIN R22-2 Group 2 CHINESE LANGUAGE HO WEI HOW	PT3 SCIENCE LAM HEW TONG		ENGLISH RAMINDER	COUNSELLING COUNSELING TEACHER	GENERAL SCIENCE NITHYAKAMALAM	Group 1 BAHASA MALAYSIA AMIELIA BC 6 Group 2 BASIC MATH TAN WOAN SEAN
Friday		Group 1 BAHASA MALAYSIA AMIELIA BC 6 Group 2 BASIC SCIENCE KANG AI TING	Group 1 CHINESE LANGUAGE TERESA CHAU CHUI MIN R22-2 Group 2 CHINESE LANGUAGE HO WEI HOW	Group 1 CHINESE LANGUAGE TERESA CHAU CHUI MIN R23-2 Group 2 CHINESE LANGUAGE HO WEI HOW		MATHS DARCHINIE	ENGLISH RAMINDER	ENGLISH RAMINDER		GENERAL SCIENCE NITHYAKAMALAM		Group 1 HISTORY OOI ZET FONG BC 5 Group 2 BASIC MATH TAN WOAN SEAN	

J2REN

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : GOH JO HOOI

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			MATHS DARCHINIE	GENERAL SCIENCE LAM HEW TONG		PT3 SCIENCE LIM YOON FOO	Group 1 KEMAHIRAN HIDUP HASLINA BC 6 Group 2 BASIC MATH TAN WOAN SEAN	Group 1 HISTORY LAU CHUAN SIN BC 5 Group 2 BASIC SCIENCE KANG AI TING		GEOGRAPHY SHAMIELAA	Group 1 CHINESE LANGUAGE GOH JO HOOI R22-2 Group 2 CHINESE LANGUAGE CHAI YOU WEI		ENGLISH LEI JIA WOEI
Tuesday		ENGLISH LEI JIA WOEI	ENGLISH LEI JIA WOEI	GENERAL SCIENCE LAM HEW TONG		BAHASA MALAYSIA AMIELIA	MATHS DARCHINIE			HISTORY LAU CHUAN SIN	Group 1 BAHASA MALAYSIA AMIELIA BC 5 Group 2 BASIC MATH TAN WOAN SEAN	BC 5 Group 2 BASIC SCIENCE KANG AI TING	Group 1 CHINESE LANGUAGE GOH JO HOOI R22-1 Group 2 CHINESE LANGUAGE CHAI YOU WEI
Wednesday		PHYSICAL EDUCATION O / HJY	MATHS DARCHINIE	Group 1 BAHASA MALAYSIA AMIELIA BC 5 Group 2 BASIC SCIENCE KANG AI TING		ENGLISH LEI JIA WOEI	GENERAL SCIENCE LAM HEW TONG			Group 1 CHINESE LANGUAGE GOH JO HOOI R22-1 Group 2 CHINESE LANGUAGE CHAI YOU WEI			
Thursday		GENERAL SCIENCE LAM HEW TONG	MATHS DARCHINIE	PT3 MATHS KOO KAR KEI		GEOGRAPHY SHAMIELAA	ENGLISH LEI JIA WOEI	Group 1 CHINESE LANGUAGE GOH JO HOOI R23-1 Group 2 CHINESE LANGUAGE CHAI YOU WEI		COMPUTER HEONG CHOON HO	COUNSELLING COUNSELING TEACHER		Group 1 PT3 GEOGRAPHY ZAFIRAH BC 6 Group 2 BASIC MATH TAN WOAN SEAN
Friday		Group 1 PT3 HISTORY NURSYUHaida BC 6 Group 2 BASIC SCIENCE KANG AI TING	ENGLISH LEI JIA WOEI	ART CHONG BOON FATT		ART CHONG BOON FATT	INTERACTIVE ENGLISH GOH JIEN XIN			MATHS DARCHINIE	Group 1 CHINESE LANGUAGE GOH JO HOOI R23-1 Group 2 CHINESE LANGUAGE CHAI YOU WEI	Group 1 BAHASA MALAYSIA AMIELIA BC 5 Group 2 BASIC MATH TAN WOAN SEAN	

J2XIN

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : TERESA CHAU CHUI MIN

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			MATHS BEH AI HUI			PT3 MATHS BEH AI HUI	GENERAL SCIENCE NITHIYAKAMALAM	ENGLISH SURVIN		Group 1 BAHASA MALAYSIA HASLINDA Group 2 BASIC MATH NOORHASWANI	Group 1 CHINESE LANGUAGE HUI MIN Group 2 CHINESE LANGUAGE CHAI YOU WEI		Group 1 KEMAHIRAN HIDUP HASLINA Group 2 BASIC SCIENCE WONG YAO WEN
Tuesday		PT3 SCIENCE LAM HEW TONG	ENGLISH SURVIN	Group 1 PT3 HISTORY NURSYUHaida Group 2 BASIC SCIENCE WONG YAO WEN		COMPUTER HEONG CHOON HO		MATHS BEH AI HUI		Group 1 BAHASA MALAYSIA HASLINDA Group 2 BASIC MATH NOORHASWANI	COUNSELLING COUNSELING TEACHER	GENERAL SCIENCE NITHIYAKAMALAM	Group 1 CHINESE LANGUAGE TERESA CHAU CHUI MIN Group 2 CHINESE LANGUAGE CHAI YOU WEI
Wednesday		GENERAL SCIENCE NITHIYAKAMALAM	Group 1 BAHASA MALAYSIA HASLINDA Group 2 BASIC SCIENCE WONG YAO WEN	GEOGRAPHY SHAMIELAA		MATHS BEH AI HUI	ENGLISH SURVIN	ENGLISH SURVIN		Group 1 CHINESE LANGUAGE TERESA CHAU CHUI MIN Group 2 CHINESE LANGUAGE CHAI YOU WEI			
Thursday		ENGLISH SURVIN	GENERAL SCIENCE NITHIYAKAMALAM			INTERACTIVE ENGLISH RAMINDER		Group 1 CHINESE LANGUAGE TERESA CHAU CHUI MIN Group 2 CHINESE LANGUAGE CHAI YOU WEI		HISTORY LAU CHUAN SIN	ART CHONG BOON FATT	ART CHONG BOON FATT	Group 1 BAHASA MALAYSIA HASLINDA Group 2 BASIC MATH NOORHASWANI
Friday		PHYSICAL EDUCATION HOR JUN YEN	MATHS BEH AI HUI			Group 1 BAHASA MALAYSIA HASLINDA Group 2 BASIC MATH NOORHASWANI	Group 1 PT3 GEOGRAPHY ZAFIRAH Group 2 BASIC SCIENCE WONG YAO WEN	HISTORY LAU CHUAN SIN		ENGLISH SURVIN	Group 1 CHINESE LANGUAGE TERESA CHAU CHUI MIN Group 2 CHINESE LANGUAGE CHAI YOU WEI	GEOGRAPHY SHAMIELAA	

J2YI

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : SHAMIELAA

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			GEOGRAPHY SHAMIELAA	ART LEE SHI HUI		ART LEE SHI HUI	GENERAL SCIENCE LAM HEW TONG	HISTORY SEE SU PENG		Group 1 BAHASA MALAYSIA HASLINA	Group 1 CHINESE LANGUAGE CHAN SOK SIM		Group 1 PT3 HISTORY NURSYUHADA
										BC 5 Group 2 BASIC MATH NOORHASWANI	R22-2 Group 2 CHINESE LANGUAGE CHAI YOU WEI		BC 6 Group 2 BASIC SCIENCE WONG YAO WEN
Tuesday		COMPUTER HEONG CHOON HO		Group 1 BAHASA MALAYSIA HASLINA BC 6 Group 2 BASIC SCIENCE WONG YAO WEN		ENGLISH CHEAH CHUN FYE	MATHS BEH AI HUI	PT3 SCIENCE LIM YOON FOO		Group 1 PT3 GEOGRAPHY ZAFIRAH	ENGLISH CHEAH CHUN FYE	COUNSELLING COUNSELING TEACHER	Group 1 CHINESE LANGUAGE CHAN SOK SIM R22-1 Group 2 CHINESE LANGUAGE CHAI YOU WEI
Wednesday		ENGLISH CHEAH CHUN FYE	Group 1 BAHASA MALAYSIA HASLINA BC 5 Group 2 BASIC SCIENCE WONG YAO WEN	ENGLISH CHEAH CHUN FYE		GENERAL SCIENCE LAM HEW TONG	MATHS BEH AI HUI			Group 1 CHINESE LANGUAGE CHAN SOK SIM R22-1 Group 2 CHINESE LANGUAGE CHAI YOU WEI			
Thursday		GEOGRAPHY SHAMIELAA	GENERAL SCIENCE LAM HEW TONG	PT3 MATHS BEH AI HUI		MATHS BEH AI HUI		Group 1 CHINESE LANGUAGE CHAN SOK SIM R23-1 Group 2 CHINESE LANGUAGE CHAI YOU WEI		INTERACTIVE ENGLISH GOH JIEN XIN		ENGLISH CHEAH CHUN FYE	Group 1 KEMAHIRAN HIDUP TAMILARASI BC 5 Group 2 BASIC MATH NOORHASWANI
Friday		GENERAL SCIENCE LAM HEW TONG		PHYSICAL EDUCATION ONG YOON PHENG		Group 1 BAHASA MALAYSIA HASLINA BC 5 Group 2 BASIC MATH NOORHASWANI	BC 5 Group 2 BASIC SCIENCE WONG YAO WEN	MATHS BEH AI HUI		ENGLISH CHEAH CHUN FYE	Group 1 CHINESE LANGUAGE CHAN SOK SIM R23-1 Group 2 CHINESE LANGUAGE CHAI YOU WEI	HISTORY SEE SU PENG	

J3ZH

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : YEOW GHEE RUEY

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			HISTORY QUI LEE LEE	CHINESE LANGUAGE WONG CHOON YENG		ENGLISH CHEAH CHUN FYE		PT3 MATHS YEOW GHEE RUEY		BAHASA MALAYSIA NURFADZILAH	GENERAL SCIENCE KANG AI TING	GEOGRAPHY KOK SHEE LOON	MATHS YEOW GHEE RUEY
Tuesday		MATHS YEOW GHEE RUEY	PT3 SCIENCE WONG YAO WEN	CHINESE LANGUAGE WONG CHOON YENG		CHINESE LANGUAGE WONG CHOON YENG	GENERAL SCIENCE KANG AI TING			ENGLISH CHEAH CHUN FYE	BAHASA MALAYSIA NURFADZILAH		GEOGRAPHY KOK SHEE LOON
Wednesday		INTERACTIVE ENGLISH SHAMIELAA		HISTORY QUI LEE LEE		ENGLISH CHEAH CHUN FYE	MATHS YEOW GHEE RUEY	ENGLISH CHEAH CHUN FYE		CHINESE LANGUAGE WONG CHOON YENG			
Thursday		COMPUTER TEI KOK FONG		BAHASA MALAYSIA NURFADZILAH		MATHS YEOW GHEE RUEY	PT3 GEOGRAPHY ZAFIRAH	GEOGRAPHY KOK SHEE LOON		ENGLISH CHEAH CHUN FYE	GENERAL SCIENCE KANG AI TING	CHINESE LANGUAGE WONG CHOON YENG	
Friday		HISTORY QUI LEE LEE	MATHS YEOW GHEE RUEY	GENERAL SCIENCE KANG AI TING		MATHS YEOW GHEE RUEY	BAHASA MALAYSIA NURFADZILAH	PT3 HISTORY LIM BENG LEE		ART CHONG BOON FATT	PHYSICAL EDUCATION HOR JUN YEN	KEMAHIRAN HIDUP TAMILARASI	

J3HE

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : WONG CHOON YENG

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			BUSINESS STUDIES CHING CHING ONG	BAHASA MALAYSIA HASLINA		MATHS ADD MATHS CHEN WAI MUN	ENGLISH RAMINDER	ECONOMICS SHARLINNADIA		ART LEE SHI HUI	PRINCIPLES OF ACCOUNTS KOK KIM WAH	PHYSICAL EDUCATION HOR JUN YEN	ENGLISH RAMINDER
Tuesday		HISTORY QUI LEE LEE	ENGLISH RAMINDER	ECONOMICS SHARLINNADIA		MATHS/ ADD MATHS CHEN WAI MUN	KEMAHIRAN HIDUP TAMILARASI	ENGLISH RAMINDER		BUSINESS STUDIES CHING CHING ONG	Group 1 CHINESE LANGUAGE WONG CHOON YENG R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	Group 1 CHINESE LANGUAGE WONG CHOON YENG R22-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	PRINCIPLES OF ACCOUNTS KOK KIM WAH
Wednesday		Group 1 CHINESE LANGUAGE WONG CHOON YENG R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	ENGLISH RAMINDER	PT3 GEOGRAPHY NURUL		PRINCIPLES OF ACCOUNTS KOK KIM WAH	ECONOMICS SHARLINNADIA	BAHASA MALAYSIA HASLINA		MATHS ADD MATHS CHEN WAI MUN			
Thursday		Group 1 CHINESE LANGUAGE WONG CHOON YENG R22-2 Group 2 CHINESE LANGUAGE GHO LIE LUAN		HISTORY QUI LEE LEE		PT3 HISTORY SYARIFAH	BAHASA MALAYSIA HASLINA			INTERACTIVE ENGLISH SURVIN		PT3 SCIENCE WONG YAO WEN	MATHS/ ADD MATHS CHEN WAI MUN
Friday		PRINCIPLES OF ACCOUNTS KOK KIM WAH	HISTORY QUI LEE LEE	BAHASA MALAYSIA HASLINA		Group 1 CHINESE LANGUAGE WONG CHOON YENG R22-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	COMPUTER JEEVA			MATHS/ ADD MATHS CHEN WAI MUN		ENGLISH RAMINDER	

J3MIN

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : CHONG BOON FATT

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			INTERACTIVE ENGLISH KALAISELVI			MATHS ADD MATHS LEOW SOOK WAN	BUSINESS STUDIES MOGANRAJ	PRINCIPLE S OF ACCOUNTS KOK KIM WAH		ART CHONG BOON FATT	ENGLISH KALAISELVI	BAHASA MALAYSIA SITI HAWA	HISTORY LIM BENG LEE
Tuesday		ENGLISH KALAISELVI	PT3 SCIENCE TAMILARASI	ECONOMICS MOGANRAJ		MATHS ADD MATHS LEOW SOOK WAN	ENGLISH KALAISELVI	BAHASA MALAYSIA SITI HAWA		PT3 HISTORY LIM BENG LEE	Group 1 CHINESE LANGUAGE GOH JO HOOI R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	Group 1 CHINESE LANGUAGE GOH JO HOOI R22-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	HISTORY LIM BENG LEE
Wednesday		Group 1 CHINESE LANGUAGE GOH JO HOOI R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	PRINCIPLE S OF ACCOUNTS KOK KIM WAH	HISTORY LIM BENG LEE		ECONOMICS MOGANRAJ	MATHS/ ADD MATHS LEOW SOOK WAN			BAHASA MALAYSIA SITI HAWA			
Thursday		Group 1 CHINESE LANGUAGE GOH JO HOOI R22-2 Group 2 CHINESE LANGUAGE GHO LIE LUAN		R22-2 Group 2 CHINESE LANGUAGE GHO LIE LUAN	ENGLISH KALAISELVI	BAHASA MALAYSIA SITI HAWA	BUSINESS STUDIES MOGANRAJ	MATHS ADD MATHS LEOW SOOK WAN		COMPUTER JEEVA		PRINCIPLE S OF ACCOUNTS KOK KIM WAH	ENGLISH KALAISELVI
Friday		PHYSICAL EDUCATION ONG YOON PHENG	ENGLISH KALAISELVI	PT3 GEOGRAPHY ZAFIRAH		Group 1 CHINESE LANGUAGE GOH JO HOOI R22-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	MATHS ADD MATHS LEOW SOOK WAN	BAHASA MALAYSIA SITI HAWA		ECONOMICS MOGANRAJ	KEMAHIRAN HIDUP PRAMILAA	PRINCIPLE S OF ACCOUNTS KOK KIM WAH	

J3PIN

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : NOORHASWANI

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			HISTORY LIM BENG LEE	PHYSICAL EDUCATION HOR JUN YEN		ENGLISH ANNY FOONG	BIOLOGY ATHIRAH			KEMAHIRAN HIDUP PRAMILAA	MATHS ADD MATHS NOORHASWANI	INTERACTIVE ENGLISH KALAISELVI	
Tuesday		PT3 HISTORY SYARIFAH	PHYSICS WONG YI ZHI			ENGLISH ANNY FOONG	MATHS/ADD MATHS NOORHASWANI	BIOLOGY ATHIRAH		CHEMISTRY KHOO YEN TENG	Group 1 CHINESE LANGUAGE KOK SHEE LOON R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN R22-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN		BAHASA MALAYSIA HASLINA
Wednesday		Group 1 CHINESE LANGUAGE KOK SHEE LOON R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	MATHS ADD MATHS NOORHASWANI	CHEMISTRY KHOO YEN TENG		BAHASA MALAYSIA HASLINA	PHYSICS WONG YI ZHI	ENGLISH ANNY FOONG		HISTORY LIM BENG LEE			
Thursday		Group 1 CHINESE LANGUAGE KOK SHEE LOON R22-2 Group 2 CHINESE LANGUAGE GHO LIE LUAN	Group 1 CHINESE LANGUAGE KOK SHEE LOON R22-2 Group 2 CHINESE LANGUAGE GHO LIE LUAN	MATHS ADD MATHS NOORHASWANI		BIOLOGY ATHIRAH	MATHS ADD MATHS NOORHASWANI	ENGLISH ANNY FOONG		ENGLISH ANNY FOONG	PHYSICS WONG YI ZHI	BAHASA MALAYSIA HASLINA	PT3 GEOGRAPHY NURUL
Friday		COMPUTER JEEVA		ENGLISH ANNY FOONG		Group 1 CHINESE LANGUAGE KOK SHEE LOON R22-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	CHEMISTRY KHOO YEN TENG			BAHASA MALAYSIA HASLINA		MATHS ADD MATHS NOORHASWANI	

J3LI

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : CHEN WAI MUN

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			BAHASA MALAYSIA NURFADZILAH	MATHS/ ADD MATHS CHEN WAI MUN		PHYSICS TAN YANN HANN		HISTORY LIM BENG LEE		ENGLISH ANNY FOONG	PHYSICAL EDUCATION HOR JUN YEN	CHEMISTRY OOI KAY ENG	CHEMISTRY OOI KAY ENG
Tuesday		BIOLOGY TAMILARASI	BAHASA MALAYSIA NURFADZILAH			PHYSICS TAN YANN HANN	MATHS ADD MATHS CHEN WAI MUN	ENGLISH ANNY FOONG		KEMAHIRAN HIDUP PRAMILAA	CHINESE LANGUAGE Group 1 CHUI MIN Group 2 GHO LIE LUAN R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN R22-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN		PT3 HISTORY SYARIFAH
Wednesday		Group 1 CHINESE LANGUAGE TERESA CHAU CHUI MIN R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	PT3 GEOGRAPHY ZAFIRAH	ENGLISH ANNY FOONG		COMPUTER JEEVA		MATHS/ ADD MATHS CHEN WAI MUN		ENGLISH ANNY FOONG			
Thursday		Group 1 CHINESE LANGUAGE TERESA CHAU CHUI MIN R22-2 Group 2 CHINESE LANGUAGE GHO LIE LUAN	Group 1 CHINESE LANGUAGE TERESA CHAU CHUI MIN R22-2 Group 2 CHINESE LANGUAGE GHO LIE LUAN	MATHS ADD MATHS CHEN WAI MUN		BIOLOGY TAMILARASI	HISTORY LIM BENG LEE	BAHASA MALAYSIA NURFADZILAH		INTERACTIVE ENGLISH KALAISELVI		CHEMISTRY OOI KAY ENG	
Friday		BIOLOGY TAMILARASI		MATHS/ ADD MATHS CHEN WAI MUN		Group 1 CHINESE LANGUAGE TERESA CHAU CHUI MIN R22-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	MATHS ADD MATHS CHEN WAI MUN	ENGLISH ANNY FOONG		PHYSICS TAN YANN HANN	ENGLISH ANNY FOONG	BAHASA MALAYSIA NURFADZILAH	

J3ZI

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : WONG YAO WEN

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			MATHS/ ADD MATHS CHEN WAI MUN	ENGLISH RAMINDER		Group 1 CHINESE LANGUAGE GOH JO HOOI R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	BIOLOGY WONG YAO WEN			BAHASA MALAYSIA SITI HAWA	MATHS/ ADD MATHS CHEN WAI MUN	KEMAHIRA N HIDUP TAMILARASI	Group 1 CHINESE LANGUAGE GOH JO HOOI R22-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN
Tuesday		ENGLISH RAMINDER	BAHASA MALAYSIA SITI HAWA			Group 1 CHINESE LANGUAGE GOH JO HOOI R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	PHYSICS WONG YI ZHI	HISTORY LIM BENG LEE		MATHS/ ADD MATHS CHEN WAI MUN	CHEMISTRY KHOO YEN TENG		ENGLISH RAMINDER
Wednesday		INTERACTIVE ENGLISH SURVIN		MATHS/ ADD MATHS CHEN WAI MUN		HISTORY LIM BENG LEE	BIOLOGY WONG YAO WEN	PHYSICAL EDUCATIO N HOR JUN YEN		PHYSICS WONG YI ZHI			
Thursday		ENGLISH RAMINDER	CHEMISTR Y KHOO YEN TENG	PT3 HISTO RY LIM BENG LEE		COMPUTER TEI KOK FONG		BAHASA MALAYSIA SITI HAWA		MATHS/ ADD MATHS CHEN WAI MUN	ENGLISH RAMINDER	Group 1 CHINESE LANGUAGE GOH JO HOOI R22-2 Group 2 CHINESE LANGUAGE GHO LIE LUAN R22-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	
Friday		BIOLOGY WONG YAO WEN	ENGLISH RAMINDER	BAHASA MALAYSIA SITI HAWA		PHYSICS WONG YI ZHI		Group 1 CHINESE LANGUAGE GOH JO HOOI R22-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN		PT3 GEOGRAP HY NURUL	CHEMISTR Y KHOO YEN TENG	MATHS/ ADD MATHS CHEN WAI MUN	

J3YI

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : LIEW MEI YEE

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			MATHS/ ADD MATHS NOORHASWANI	HISTORY LIM BENG LEE		Group 1 CHINESE LANGUAGE LIEW MEI YEE R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	ENGLISH KALAISELVI	BAHASA MALAYSIA HASLINDA		BIOLOGY TAMILARASI	INTERACTIVE ENGLISH SURVIN		Group 1 CHINESE LANGUAGE LIEW MEI YEE R22-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN
Tuesday		BAHASA MALAYSIA HASLINDA	HISTORY LIM BENG LEE	KEMAHIRA N HIDUP PRAMILAA		Group 1 CHINESE LANGUAGE LIEW MEI YEE R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	CHEMISTR Y KHOO YEN TENG	PT3 HISTO RY SYARIFAH		BIOLOGY TAMILARASI	MATHS/ ADD MATHS NOORHASWANI	ENGLISH KALAISELVI	ENGLISH KALAISELVI
Wednesday		BIOLOGY TAMILARASI		PHYSICS TAN YANN HANN		BAHASA MALAYSIA HASLINDA	CHEMISTRY KHOO YEN TENG			MATHS/ ADD MATHS NOORHASWANI			
Thursday		MATHS/ ADD MATHS NOORHASWANI	ENGLISH KALAISELVI	CHEMISTR Y KHOO YEN TENG		PHYSICS TAN YANN HANN		PT3 GEOGRAP HY ZAFIRAH		BAHASA MALAYSIA HASLINDA	PHYSICAL EDUCATIO N HOR JUN YEN	Group 1 CHINESE LANGUAGE LIEW MEI YEE R22-2 Group 2 CHINESE LANGUAGE GHO LIE LUAN R22-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	
Friday		MATHS/ ADD MATHS NOORHASWANI	MATHS/ ADD MATHS NOORHASWANI	ENGLISH KALAISELVI		PHYSICS TAN YANN HANN	ENGLISH KALAISELVI	Group 1 CHINESE LANGUAGE LIEW MEI YEE R22-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN		BAHASA MALAYSIA HASLINDA	COMPUTER TEI KOK FONG		

J3AI

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : HASLINDA

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			ENGLISH CHEAH CHUN FYE	BAHASA MALAYSIA HASLINDA		Group 1 CHINESE LANGUAGE KOK SHEE LOON R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	PHYSICS WONG YI ZHI	MATHS/ ADD MATHS LEOW SOOK WAN		CHEMISTRY OOI KAY ENG		HISTORY LIM BENG LEE	Group 1 CHINESE LANGUAGE KOK SHEE LOON R22-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN
Tuesday		ENGLISH CHEAH CHUN FYE	COMPUTER TEI KOK FONG			Group 1 CHINESE LANGUAGE KOK SHEE LOON R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	ENGLISH CHEAH CHUN FYE	PHYSICAL EDUCATION HOR JUN YEN		MATHS/ ADD MATHS LEOW SOOK WAN	BAHASA MALAYSIA HASLINDA	BIOLOGY ATHIRAH	
Wednesday		PT3 HISTORY LIM BENG LEE	INTERACTIVE ENGLISH GOH JIEN XIN			BIOLOGY ATHIRAH	KEMAHIRAN HIDUP TAMILARASI	BAHASA MALAYSIA HASLINDA		MATHS/ ADD MATHS LEOW SOOK WAN			
Thursday		PHYSICS WONG YI ZHI		MATHS/ ADD MATHS LEOW SOOK WAN		HISTORY LIM BENG LEE	ENGLISH CHEAH CHUN FYE	BAHASA MALAYSIA HASLINDA		CHEMISTRY OOI KAY ENG	CHEMISTRY OOI KAY ENG	Group 1 CHINESE LANGUAGE KOK SHEE LOON R22-2 Group 2 CHINESE LANGUAGE GHO LIE LUAN	Group 1 CHINESE LANGUAGE KOK SHEE LOON R22-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN
Friday		PHYSICS WONG YI ZHI	MATHS/ ADD MATHS LEOW SOOK WAN	ENGLISH CHEAH CHUN FYE		BIOLOGY ATHIRAH	BAHASA MALAYSIA HASLINDA	Group 1 CHINESE LANGUAGE KOK SHEE LOON R22-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN		MATHS/ ADD MATHS LEOW SOOK WAN	ENGLISH CHEAH CHUN FYE	PT3 GEOGRAPHY NURUL	

S1ZH

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : TEOW KOM LON

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			SPM HISTORY AMIELIA	MATHS YEOW GHEE RUEY		ART CHONG BOON FATT	BOOK KEEPING AND ACCOUNTS SHARLINNADIA	BAHASA MALAYSIA NURUL		SPM MORAL IDAYU	COMPUTER HEONG CHOON HO		ENGLISH ANNIE LIM
Tuesday		BAHASA MALAYSIA NURUL		HISTORY KONG ZEE CHING		COMMERC E CHING CHING ONG	MATHS YEOW GHEE RUEY	CHINESE LANGUAGE LIEW MEI YEE		SPM HISTORY AMIELIA	MATHS YEOW GHEE RUEY	CHINESE LANGUAGE LIEW MEI YEE	BOOK KEEPING AND ACCOUNTS SHARLINNADIA
Wednesday		ENGLISH ANNIE LIM		MATHS YEOW GHEE RUEY		GEOGRAPHY YAU KONG CHIN	PHYSICAL EDUCATION HJY / O	CHINESE LANGUAGE LIEW MEI YEE		COMMERC E CHING CHING ONG			
Thursday		BAHASA MALAYSIA NURUL	CHINESE LANGUAGE LIEW MEI YEE			HISTORY KONG ZEE CHING	MATHS YEOW GHEE RUEY	ENGLISH ANNIE LIM		INTERACTIVE ENGLISH JEYA		SPM SCIENCE KANG AI TING	GEOGRAPHY YAU KONG CHIN
Friday		COMMERC E CHING CHING ONG	HISTORY KONG ZEE CHING	BAHASA MALAYSIA NURUL		ENGLISH ANNIE LIM	SPM SCIENCE KANG AI TING	MATHS YEOW GHEE RUEY		CHINESE LANGUAGE LIEW MEI YEE	ENGLISH ANNIE LIM	BOOK KEEPING AND ACCOUNTS SHARLINNADIA	

S1REN

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : HEONG CHOON HO

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			MATHS YEOW GHEE RUEY	PHYSICS ONG KAR WENG		SPM HISTO RY NURSYUHADA	CHEMISTR Y LIM YOON FOO	BAHASA MALAYSIA NURUL		SPM MORAL IDAYU	BIOLOGY YIP SIEW KENG		ENGLISH ANNIE LIM
Tuesday		BAHASA MALAYSIA NURUL		PHYSICAL EDUCATIO N ONG YOON PHENG		CHEMISTR Y LIM YOON FOO	BIOLOGY YIP SIEW KENG	CHINESE LANGUAGE LIEW MEI YEE		MATHS YEOW GHEE RUEY	PHYSICS ONG KAR WENG	CHINESE LANGUAGE LIEW MEI YEE	MATHS YEOW GHEE RUEY
Wednesday		ENGLISH ANNIE LIM		CHEMISTR Y LIM YOON FOO		COMPUTER HEONG CHOON HO		CHINESE LANGUAGE LIEW MEI YEE		MATHS YEOW GHEE RUEY			
Thursday		BAHASA MALAYSIA NURUL	CHINESE LANGUAGE LIEW MEI YEE			PHYSICS ONG KAR WENG		ENGLISH ANNIE LIM		MATHS YEOW GHEE RUEY	BIOLOGY YIP SIEW KENG	CHEMISTRY LIM YOON FOO	
Friday		MATHS YEOW GHEE RUEY	BIOLOGY YIP SIEW KENG	BAHASA MALAYSIA NURUL		ENGLISH ANNIE LIM	INTERACTIVE ENGLISH KESHIMINDER			CHINESE LANGUAGE LIEW MEI YEE	ENGLISH ANNIE LIM	SPM HISTO RY NURSYUHADA	

S1PI

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : TEI KOK FONG

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			ENGLISH JEYA	Group 1 CHINESE LANGUAGE YAU KONG CHIN Group 2 CHINESE LANGUAGE HO WEI HOW		MATHS/ ADD MATHS NOORHASWANI	PRINCIPLE S OF ACCOUNTS KOK KIM WAH	BAHASA MALAYSIA NURFADZILAH		ENGLISH JEYA	SPM HISTO RY NURSYUHADA	GEOGRAP HY SEAN DOMINIC WONG	Group 1 CHINESE LANGUAGE YAU KONG CHIN Group 2 CHINESE LANGUAGE HO WEI HOW
Tuesday		SPM HISTO RY NURSYUHADA	ECONOMIC S SHARLINNADIA	PRINCIPLE S OF ACCOUNTS KOK KIM WAH		MATHS/ ADD MATHS NOORHASWANI	COMPUTER TEI KOK FONG			ENGLISH JEYA	BUSINESS STUDIES KOK KIM WAH	Group 1 CHINESE LANGUAGE YAU KONG CHIN Group 2 CHINESE LANGUAGE HO WEI HOW	Group 2 CHINESE LANGUAGE HO WEI HOW
Wednesday		ENGLISH JEYA	BAHASA MALAYSIA NURFADZILAH			MATHS/ ADD MATHS NOORHASWANI	BUSINESS STUDIES KOK KIM WAH	ECONOMIC S SHARLINNADIA		Group 1 CHINESE LANGUAGE YAU KONG CHIN Group 2 CHINESE LANGUAGE HO WEI HOW			
Thursday		SPM MORAL IDAYU	GEOGRAP HY SEAN DOMINIC WONG	ECONOMIC S SHARLINNADIA		BUSINESS STUDIES KOK KIM WAH	SPM SCIEN CE SASITHARAN	Group 1 CHINESE LANGUAGE YAU KONG CHIN Group 2 CHINESE LANGUAGE HO WEI HOW		BAHASA MALAYSIA NURFADZILAH	MATHS/ ADD MATHS NOORHASWANI	PRINCIPLE S OF ACCOUNTS KOK KIM WAH	
Friday		ECONOMIC S SHARLINNADIA	GEOGRAP HY SEAN DOMINIC WONG	BAHASA MALAYSIA NURFADZILAH		ENGLISH JEYA	SPM SCIEN CE SASITHARAN	ENGLISH JEYA		MATHS/ ADD MATHS NOORHASWANI	PRINCIPLE S OF ACCOUNTS KOK KIM WAH	PHYSICAL EDUCATIO N HJY / G	

S1YI

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : SHARLINNADIA

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			PRINCIPLE S OF ACCOUNTS MOGANRAJ	Group 1 CHINESE LANGUAGE OOI ZET FONG		BUSINESS STUDIES CHING CHING ONG	GEOGRAP HY SEAN DOMINIC WONG	BAHASA MALAYSIA SYARIFAH		ENGLISH KESHIMINDER	MATHS KOO KAR KEI	ECONOMIC S SHARLINNADIA	Group 1 CHINESE LANGUAGE OOI ZET FONG
				Group 2 CHINESE LANGUAGE HO WEI HOW									Group 2 CHINESE LANGUAGE HO WEI HOW
Tuesday		SPM SCIEN CE KANG AI TING	ENGLISH KESHIMINDER	BAHASA MALAYSIA SYARIFAH		GEOGRAP HY SEAN DOMINIC WONG	MATHS KOO KAR KEI	ECONOMIC S SHARLINNADIA		ENGLISH KESHIMINDER	PRINCIPLE S OF ACCOUNTS MOGANRAJ	Group 1 CHINESE LANGUAGE OOI ZET FONG	
												Group 2 CHINESE LANGUAGE HO WEI HOW	Group 2 CHINESE LANGUAGE HO WEI HOW
Wednesday		COMPUTER TEI KOK FONG		BUSINESS STUDIES CHING CHING ONG		ENGLISH KESHIMINDER	PRINCIPLE S OF ACCOUNTS MOGANRAJ	MATHS KOO KAR KEI		Group 1 CHINESE LANGUAGE OOI ZET FONG			
										Group 2 CHINESE LANGUAGE HO WEI HOW			
Thursday		BAHASA MALAYSIA SYARIFAH		ENGLISH KESHIMINDER		ENGLISH KESHIMINDER	SPM HISTO RY NURSYUHADA	Group 1 CHINESE LANGUAGE OOI ZET FONG		PRINCIPLE S OF ACCOUNTS MOGANRAJ	MATHS KOO KAR KEI		ECONOMIC S SHARLINNADIA
								Group 2 CHINESE LANGUAGE HO WEI HOW					
Friday		MATHS KOO KAR KEI	PHYSICAL EDUCATIO N HJY / G	SPM HISTO RY NURSYUHADA		SPM MORAL IDAYU	ECONOMIC S SHARLINNADIA	SPM SCIEN CE KANG AI TING		BUSINESS STUDIES CHING CHING ONG	BAHASA MALAYSIA SYARIFAH	GEOGRAP HY SEAN DOMINIC WONG	

S1XI

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : MOGANRAJ

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			GEOGRAPHY SEAN DOMINIC WONG	MATHS/ ADD MATHS NOORHASWANI		PRINCIPLES OF ACCOUNTS MOGANRAJ	COMPUTER TEI KOK FONG			ECONOMICS SHARLINNADIA	Group 1 CHINESE LANGUAGE YAU KONG CHIN R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	BAHASA MALAYSIA SYARIFAH	
Tuesday		MATHS/ ADD MATHS NOORHASWANI		ENGLISH KALAISELVI		PRINCIPLES OF ACCOUNTS MOGANRAJ	Group 1 CHINESE LANGUAGE YAU KONG CHIN R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	BUSINESS STUDIES KOK KIM WAH		Group 1 CHINESE LANGUAGE YAU KONG CHIN R22-2 Group 2 CHINESE LANGUAGE GHO LIE LUAN	BAHASA MALAYSIA SYARIFAH	ECONOMICS SHARLINNADIA	SPM HISTORY NURSYUHADA
Wednesday		ENGLISH KALAISELVI	ECONOMICS SHARLINNADIA	PHYSICAL EDUCATION ONG YOON PHENG		ENGLISH KALAISELVI	SPM SCIENCE SASITHARAN	MATHS ADD MATHS NOORHASWANI		BUSINESS STUDIES KOK KIM WAH			
Thursday		BUSINESS STUDIES KOK KIM WAH	SPM SCIENCE SASITHARAN	SPM HISTORY NURSYUHADA		PRINCIPLES OF ACCOUNTS MOGANRAJ	ENGLISH KALAISELVI	MATHS/ ADD MATHS NOORHASWANI		SPM MORAL IDAYU	Group 1 CHINESE LANGUAGE YAU KONG CHIN R22-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	GEOGRAPHY SEAN DOMINIC WONG	BAHASA MALAYSIA SYARIFAH
Friday		BAHASA MALAYSIA SYARIFAH	Group 1 CHINESE LANGUAGE YAU KONG CHIN R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN R22-2 Group 2 CHINESE LANGUAGE GHO LIE LUAN			PRINCIPLES OF ACCOUNTS MOGANRAJ	GEOGRAPHY SEAN DOMINIC WONG	ENGLISH KALAISELVI		ECONOMICS SHARLINNADIA	MATHS/ ADD MATHS NOORHASWANI	ENGLISH KALAISELVI	

S1ZI

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : WONG YI ZHI

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			MATHS/ ADD MATHS ANNY FOONG			CHEMISTR Y SIEW TUCK HING	BIOLOGY SASITHARAN	ENGLISH JEYA		SPM HISTO RY LIM BENG LEE	Group 1 CHINESE LANGUAGE LIEW MEI YEE R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	BAHASA MALAYSIA NURUL	ENGLISH JEYA
Tuesday		PHYSICS WONG YI ZHI	MATHS/ ADD MATHS ANNY FOONG			CHEMISTR Y SIEW TUCK HING	Group 1 CHINESE LANGUAGE LIEW MEI YEE R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	SPM MORAL IDAYU		Group 1 CHINESE LANGUAGE LIEW MEI YEE R22-2 Group 2 CHINESE LANGUAGE GHO LIE LUAN	COMPUTER TEI KOK FONG		BAHASA MALAYSIA NURUL
Wednesday		BIOLOGY SASITHARAN		PHYSICS WONG YI ZHI		MATHS ADD MATHS ANNY FOONG	BAHASA MALAYSIA NURUL			ENGLISH JEYA			
Thursday		ENGLISH JEYA	BAHASA MALAYSIA NURUL	MATHS/ ADD MATHS ANNY FOONG		BIOLOGY SASITHARAN	CHEMISTRY SIEW TUCK HING			SPM HISTO RY LIM BENG LEE	Group 1 CHINESE LANGUAGE LIEW MEI YEE R22-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	PHYSICS WONG YI ZHI	
Friday		BIOLOGY SASITHARAN	Group 1 CHINESE LANGUAGE LIEW MEI YEE R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN R22-2 Group 2 CHINESE LANGUAGE GHO LIE LUAN			MATHS/ ADD MATHS ANNY FOONG	PHYSICAL EDUCATIO N ONG YOON PHENG	PHYSICS WONG YI ZHI		CHEMISTR Y SIEW TUCK HING	ENGLISH JEYA	ENGLISH JEYA	

S1AI

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : OOI ZET FONG

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			COMPUTER TEI KOK FONG			CHEMISTRY KHOO YEN TENG		ENGLISH KALAISELVI		SPM HISTORY AMIELIA	Group 1 CHINESE LANGUAGE OOI ZET FONG R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	MATHS/ ADD MATHS KOO KAR KEI	PHYSICS LEE PAK FEI
Tuesday		PHYSICS LEE PAK FEI	ENGLISH KALAISELVI	MATHS/ ADD MATHS KOO KAR KEI		CHEMISTRY KHOO YEN TENG	Group 1 CHINESE LANGUAGE OOI ZET FONG R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	ENGLISH KALAISELVI		Group 1 CHINESE LANGUAGE OOI ZET FONG R22-2 Group 2 CHINESE LANGUAGE GHO LIE LUAN	BIOLOGY WONG YAO WEN		BAHASA MALAYSIA HASYAH
Wednesday		BIOLOGY WONG YAO WEN	PHYSICS LEE PAK FEI	BAHASA MALAYSIA HASYAH		MATHS/ ADD MATHS KOO KAR KEI		ENGLISH KALAISELVI		CHEMISTRY KHOO YEN TENG			
Thursday		CHEMISTRY KHOO YEN TENG	PHYSICS LEE PAK FEI			MATHS/ ADD MATHS KOO KAR KEI	PHYSICAL EDUCATION HJY / O	SPM HISTORY AMIELIA		BIOLOGY WONG YAO WEN	Group 1 CHINESE LANGUAGE OOI ZET FONG R22-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN	BAHASA MALAYSIA HASYAH	
Friday		ENGLISH KALAISELVI	Group 1 CHINESE LANGUAGE OOI ZET FONG R23-1 Group 2 CHINESE LANGUAGE GHO LIE LUAN R22-2 Group 2 CHINESE LANGUAGE GHO LIE LUAN			MATHS/ ADD MATHS KOO KAR KEI		SPM MORAL IDAYU		BIOLOGY WONG YAO WEN	ENGLISH KALAISELVI	BAHASA MALAYSIA HASYAH	

S1QIN

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : LIM BENG LEE

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			SPM MORAL IDAYU	BAHASA MALAYSIA HASYAH		SPM HISTORY LIM BENG LEE	MATHS/ ADD MATHS ONG EIK HOOI			PHYSICS WONG YI ZHI	ENGLISH ANANDA	BIOLOGY SASITHARAN	CHEMISTRY LIM JING XIANG
Tuesday	Group 1 CHINESE LANGUAGE OOI ZET FONG		BIOLOGY SASITHARAN			ENGLISH ANANDA	MATHS/ ADD MATHS ONG EIK HOOI	BAHASA MALAYSIA HASYAH		ENGLISH ANANDA	CHEMISTRY LIM JING XIANG	PHYSICS WONG YI ZHI	
	Group 2 CHINESE LANGUAGE CHONG BOON FATT	Group 2 CHINESE LANGUAGE WONG SHU FENN											
Wednesday		MATHS/ ADD MATHS ONG EIK HOOI	CHEMISTRY LIM JING XIANG			ENGLISH ANANDA	Group 1 CHINESE LANGUAGE OOI ZET FONG	BAHASA MALAYSIA HASYAH		ENGLISH ANANDA			
							Group 2 CHINESE LANGUAGE CHONG BOON FATT						
Thursday		MATHS/ ADD MATHS ONG EIK HOOI		PHYSICS WONG YI ZHI		Group 1 CHINESE LANGUAGE OOI ZET FONG	Group 1 CHINESE LANGUAGE OOI ZET FONG	PHYSICAL EDUCATION HOR JUN YEN		COMPUTER TEI KOK FONG		BIOLOGY SASITHARAN	
						Group 2 CHINESE LANGUAGE WONG SHU FENN	Group 2 CHINESE LANGUAGE WONG SHU FENN						
Friday		Group 1 CHINESE LANGUAGE OOI ZET FONG	PHYSICS WONG YI ZHI	SPM HISTORY LIM BENG LEE		ENGLISH ANANDA	BAHASA MALAYSIA HASYAH			BIOLOGY SASITHARAN	CHEMISTRY LIM JING XIANG	MATHS ADD MATHS ONG EIK HOOI	
		Group 2 CHINESE LANGUAGE CHONG BOON FATT											

S1HE

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : KOO KAR KEI

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			ENGLISH KESHIMINDER	BIOLOGY WONG YAO WEN		ENGLISH KESHIMINDER	MATHS/ ADD MATHS KOO KAR KEI			BAHASA MALAYSIA SYARIFAH	PHYSICS LEE PAK FEI	CHEMISTRY KHOO YEN TENG	
Tuesday		Group 1 CHINESE LANGUAGE YAU KONG CHIN		CHEMISTRY KHOO YEN TENG		SPM HISTORY NURSYUHADA	BIOLOGY WONG YAO WEN	ENGLISH KESHIMINDER		MATHS/ ADD MATHS KOO KAR KEI		PHYSICS LEE PAK FEI	
		Group 2 CHINESE LANGUAGE CHONG BOON FATT	Group 2 CHINESE LANGUAGE WONG SHU FENN										
Wednesday		CHEMISTRY KHOO YEN TENG	MATHS ADD MATHS KOO KAR KEI	PHYSICAL EDUCATION HOR JUN YEN		BAHASA MALAYSIA SYARIFAH	Group 1 CHINESE LANGUAGE YAU KONG CHIN	ENGLISH KESHIMINDER		ENGLISH KESHIMINDER			
							Group 2 CHINESE LANGUAGE CHONG BOON FATT						
Thursday		PHYSICS LEE PAK FEI	ENGLISH KESHIMINDER	BIOLOGY WONG YAO WEN		Group 1 CHINESE LANGUAGE YAU KONG CHIN	Group 1 CHINESE LANGUAGE YAU KONG CHIN	MATHS/ ADD MATHS KOO KAR KEI		BAHASA MALAYSIA SYARIFAH	COMPUTER LEOW SOOK WAN		SPM HISTORY NURSYUHADA
						Group 2 CHINESE LANGUAGE WONG SHU FENN	Group 2 CHINESE LANGUAGE WONG SHU FENN						
Friday		Group 1 CHINESE LANGUAGE YAU KONG CHIN	CHEMISTRY KHOO YEN TENG	SPM MORAL IDAYU		BAHASA MALAYSIA SYARIFAH		MATHS/ ADD MATHS KOO KAR KEI		PHYSICS LEE PAK FEI	BIOLOGY WONG YAO WEN		
		Group 2 CHINESE LANGUAGE CHONG BOON FATT											

S1LI

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : ONG EIK HOOI

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			COMPUTER LEOW SOOK WAN			BAHASA MALAYSIA NURFADZILAH	ENGLISH KESHIMINDER	CHEMISTRY SIEW TUCK HING		BIOLOGY SASITHARAN	MATHS/ ADD MATHS ONG EIK HOOI	PHYSICS WONG YI ZHI	
Tuesday		Group 1 CHINESE LANGUAGE LIEW MEI YEE		CHEMISTRY SIEW TUCK HING		ENGLISH KESHIMINDER	PHYSICAL EDUCATION HJY / G	MATHS ADD MATHS ONG EIK HOOI		PHYSICS WONG YI ZHI	ENGLISH KESHIMINDER	BIOLOGY SASITHARAN	
		Group 2 CHINESE LANGUAGE CHONG BOON FATT	Group 2 CHINESE LANGUAGE WONG SHU FENN										
Wednesday		PHYSICS WONG YI ZHI	MATHS/ ADD MATHS ONG EIK HOOI			BIOLOGY SASITHARAN	Group 1 CHINESE LANGUAGE LIEW MEI YEE Group 2 CHINESE LANGUAGE CHONG BOON FATT	SPM HISTORY AMIELIA		BAHASA MALAYSIA NURFADZILAH			
Thursday		SPM HISTORY AMIELIA	CHEMISTRY SIEW TUCK HING	SPM MORAL IDAYU		Group 1 CHINESE LANGUAGE LIEW MEI YEE Group 2 CHINESE LANGUAGE WONG SHU FENN	Group 1 CHINESE LANGUAGE LIEW MEI YEE Group 2 CHINESE LANGUAGE WONG SHU FENN	ENGLISH KESHIMINDER		ENGLISH KESHIMINDER	MATHS/ ADD MATHS ONG EIK HOOI	BAHASA MALAYSIA NURFADZILAH	
Friday		Group 1 CHINESE LANGUAGE LIEW MEI YEE Group 2 CHINESE LANGUAGE CHONG BOON FATT	CHEMISTRY SIEW TUCK HING			MATHS/ ADD MATHS ONG EIK HOOI		BAHASA MALAYSIA NURFADZILAH		ENGLISH KESHIMINDER	BIOLOGY SASITHARAN	PHYSICS WONG YI ZHI	

S2ZH

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : KHOO YEN TENG

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			ENGLISH SURVIN	BOOK KEEPING AND ACCOUNTS SHARLINNADIA		CHINESE LANGUAGE LAU CHUAN SIN	BAHASA MALAYSIA NURUL	PHYSICAL EDUCATION GOKU		HISTORY QUI LEE LEE	SPM SCIENCE KHOO YEN TENG	GEOGRAPHY YAU KONG CHIN	ENGLISH SURVIN
Tuesday		COMMERC E KOK KIM WAH	MATHS LEE CHEE YEH			SPM HISTORY LIM BENG LEE	ENGLISH SURVIN			BAHASA MALAYSIA NURUL	BOOK KEEPING AND ACCOUNTS SHARLINNADIA	CHINESE LANGUAGE LAU CHUAN SIN	SPM MORAL IDAYU
Wednesday		COMMERC E KOK KIM WAH	GEOGRAPHY YAU KONG CHIN	BOOK KEEPING AND ACCOUNTS SHARLINNADIA		CHINESE LANGUAGE LAU CHUAN SIN	MATHS LEE CHEE YEH			CHINESE LANGUAGE LAU CHUAN SIN			
Thursday		GEOGRAPHY YAU KONG CHIN	CHINESE LANGUAGE LAU CHUAN SIN			BAHASA MALAYSIA NURUL	BOOK KEEPING AND ACCOUNTS SHARLINNADIA	SPM SCIENCE KHOO YEN TENG		INTERACTIVE ENGLISH ANANDA		ENGLISH SURVIN	HISTORY QUI LEE LEE
Friday		COMPUTER TEI KOK FONG		ENGLISH SURVIN		SPM HISTORY LIM BENG LEE	BAHASA MALAYSIA NURUL	COMMERC E KOK KIM WAH		MATHS LEE CHEE YEH		HISTORY QUI LEE LEE	

S2XO

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : LEE CHEE YEH

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			BOOK KEEPING AND ACCOUNTS SHARLINNADIA	ENGLISH SURVIN		MATHS LEE CHEE YEH	GEOGRAPHY YAU KONG CHIN			HISTORY QUI LEE LEE	BAHASA MALAYSIA HASYAH	SPM HISTORY HASYAH	COMMERCE KOK KIM WAH
Tuesday		BOOK KEEPING AND ACCOUNTS SHARLINNADIA	INTERACTIVE ENGLISH JEYA			GEOGRAPHY YAU KONG CHIN	MATHS LEE CHEE YEH			CHINESE LANGUAGE SEE SU PENG	ENGLISH SURVIN		SPM MORAL ONG YING YING
Wednesday		SPM HISTORY HASYAH	SPM SCIENCE KHOO YEN TENG	CHINESE LANGUAGE SEE SU PENG		BAHASA MALAYSIA HASYAH	COMPUTER TEI KOK FONG			CHINESE LANGUAGE SEE SU PENG			
Thursday		BAHASA MALAYSIA HASYAH	COMMERCE KOK KIM WAH	PHYSICAL EDUCATION GOKU		ENGLISH SURVIN	ENGLISH SURVIN	BOOK KEEPING AND ACCOUNTS SHARLINNADIA		SPM SCIENCE KHOO YEN TENG	CHINESE LANGUAGE SEE SU PENG		HISTORY QUI LEE LEE
Friday		MATHS LEE CHEE YEH		COMMERCE KOK KIM WAH		BAHASA MALAYSIA HASYAH	ENGLISH SURVIN	CHINESE LANGUAGE SEE SU PENG		GEOGRAPHY YAU KONG CHIN	BOOK KEEPING AND ACCOUNTS SHARLINNADIA	HISTORY QUI LEE LEE	

S2REN

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : HOR JUN YEN

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			INTERACTIVE ENGLISH ANANDA			BAHASA MALAYSIA PRAMILAA	ENGLISH SURVIN	ADVANCED MATHS LEE CHEE YEH		CHINESE LANGUAGE LAU CHUAN SIN	CHEMISTRY LIM YOON FOO		BIOLOGY YIP SIEW KENG
Tuesday		ENGLISH SURVIN	PHYSICS ONG KAR WENG	ENGLISH SURVIN		BAHASA MALAYSIA PRAMILAA	CHINESE LANGUAGE LAU CHUAN SIN			ADVANCED MATHS LEE CHEE YEH	CHEMISTRY LIM YOON FOO	SPM HISTORY LIM BENG LEE	SPM MORAL ONG YING YING
Wednesday		BIOLOGY YIP SIEW KENG	PHYSICS ONG KAR WENG	CHINESE LANGUAGE LAU CHUAN SIN		CHEMISTRY LIM YOON FOO	COMPUTER TEI KOK FONG			ADVANCED MATHS LEE CHEE YEH			
Thursday		PHYSICS ONG KAR WENG	ENGLISH SURVIN	BAHASA MALAYSIA PRAMILAA		CHEMISTRY LIM YOON FOO	BIOLOGY YIP SIEW KENG	CHINESE LANGUAGE LAU CHUAN SIN		ADVANCED MATHS LEE CHEE YEH	SPM HISTORY LIM BENG LEE	ADVANCED MATHS LEE CHEE YEH	PHYSICAL EDUCATION GOKU
Friday		ENGLISH SURVIN		ADVANCED MATHS LEE CHEE YEH		CHINESE LANGUAGE LAU CHUAN SIN	PHYSICS ONG KAR WENG			BAHASA MALAYSIA PRAMILAA	BIOLOGY YIP SIEW KENG		

S2YI

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : SEE SU PENG

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			ENGLISH JANE IRENE	GEOGRAPHY ANNIE LIM		SPM MORAL ONG YING YING	Group 1 CHINESE LANGUAGE SEE SU PENG R22-2 Group 2 CHINESE LANGUAGE CHONG BOON FATT	SPM HISTORY HASYAH		ECONOMICS KANG PING JOO	Group 1 CHINESE LANGUAGE SEE SU PENG R23-2 Group 2 CHINESE LANGUAGE CHONG BOON FATT	MATHS ONG EIK HOOI	PRINCIPLES OF ACCOUNTS MOGANRAJ
Tuesday		GENERAL SCIENCE ATHIRAH	BAHASA MALAYSIA IDAYU	SPM HISTORY HASYAH		ENGLISH JANE IRENE	COMPUTER JEEVA			GEOGRAPHY ANNIE LIM	Group 1 CHINESE LANGUAGE SEE SU PENG R22-2 Group 2 CHINESE LANGUAGE CHONG BOON FATT	MATHS ONG EIK HOOI	PRINCIPLES OF ACCOUNTS MOGANRAJ
Wednesday		Group 1 CHINESE LANGUAGE SEE SU PENG R22-1 Group 2 CHINESE LANGUAGE CHONG BOON FATT	BUSINESS STUDIES CHING CHING ONG	BAHASA MALAYSIA IDAYU		ENGLISH JANE IRENE	MATHS ONG EIK HOOI	MATHS ONG EIK HOOI		PRINCIPLES OF ACCOUNTS MOGANRAJ			
Thursday		ENGLISH JANE IRENE	GENERAL SCIENCE ATHIRAH	PRINCIPLES OF ACCOUNTS MOGANRAJ		ECONOMICS KANG PING JOO	Group 1 CHINESE LANGUAGE SEE SU PENG R22-1 Group 2 CHINESE LANGUAGE CHONG BOON FATT			BUSINESS STUDIES CHING CHING ONG	BAHASA MALAYSIA IDAYU	GEOGRAPHY ANNIE LIM	MATHS ONG EIK HOOI
Friday		MATHS ONG EIK HOOI	PRINCIPLES OF ACCOUNTS MOGANRAJ	PHYSICAL EDUCATION GOKU		ENGLISH JANE IRENE		BUSINESS STUDIES CHING CHING ONG		ECONOMICS KANG PING JOO	BAHASA MALAYSIA IDAYU		

S2XIN

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : SITI HAWA

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			COMPUTER JEEVA			BAHASA MALAYSIA SITI HAWA	Group 1 CHINESE LANGUAGE KONG ZEE CHING R22-2 Group 2 CHINESE LANGUAGE CHONG BOON FATT	MATHS BEH AI HUI		PRINCIPLE S OF ACCOUNTS MOGANRAJ	Group 1 CHINESE LANGUAGE KONG ZEE CHING R23-2 Group 2 CHINESE LANGUAGE CHONG BOON FATT	ENGLISH ANANDA	
Tuesday		MATHS BEH AI HUI	PHYSICAL EDUCATION GOKU	ENGLISH ANANDA		MATHS BEH AI HUI	ECONOMICS KANG PING JOO	PRINCIPLE S OF ACCOUNTS MOGANRAJ		SPM SCIENCE ATHIRAH	Group 1 CHINESE LANGUAGE KONG ZEE CHING R22-2 Group 2 CHINESE LANGUAGE CHONG BOON FATT	BAHASA MALAYSIA SITI HAWA	GEOGRAPHY ANNIE LIM
Wednesday		Group 1 CHINESE LANGUAGE KONG ZEE CHING R22-1 Group 2 CHINESE LANGUAGE CHONG BOON FATT	MATHS BEH AI HUI	PRINCIPLE S OF ACCOUNTS MOGANRAJ		BAHASA MALAYSIA SITI HAWA		BUSINESS STUDIES CHING CHING ONG		GEOGRAPHY ANNIE LIM			
Thursday		MATHS BEH AI HUI	BUSINESS STUDIES CHING CHING ONG	ECONOMICS KANG PING JOO		ENGLISH ANANDA	Group 1 CHINESE LANGUAGE KONG ZEE CHING R22-1 Group 2 CHINESE LANGUAGE CHONG BOON FATT			GEOGRAPHY ANNIE LIM	PRINCIPLE S OF ACCOUNTS MOGANRAJ	SPM HISTORY SYARIFAH	ENGLISH ANANDA
Friday		ECONOMICS KANG PING JOO	ENGLISH ANANDA	BUSINESS STUDIES CHING CHING ONG		MATHS BEH AI HUI	BAHASA MALAYSIA SITI HAWA	SPM SCIENCE ATHIRAH		SPM MORAL ONG YING YING	PRINCIPLE S OF ACCOUNTS MOGANRAJ	SPM HISTORY SYARIFAH	

S2ZI

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : LEE PAK FEI

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			SPM HISTORY S/H	BIOLOGY T/A/LWC		ENGLISH AL/A/J/JI	COMPUTER JEEVA			PHYSICS YT/LPF	BAHASA MALAYSIA I/N/P/SH	Group 1 CHINESE LANGUAGE KZC/CTS/SSP Group 2 CHINESE LANGUAGE LAU CHUAN SIN	MATHS/ ADD MATHS SJY/CSY/YT
Tuesday		Group 1 CHINESE LANGUAGE KZC/CTS/SSP Group 2 CHINESE LANGUAGE LAU CHUAN SIN		BIOLOGY T/A/LWC		SPM MORAL OYY/II	ENGLISH AL/A/J/JI	MATHS/ ADD MATHS SJY/CSY/YT		MATHS/ ADD MATHS SJY/CSY/YT	BAHASA MALAYSIA I/N/P/SH	CHEMISTRY LKS/STH	
Wednesday		PHYSICS YT/LPF	BAHASA MALAYSIA I/N/P/SH	ENGLISH AL/A/J/JI		MATHS/ ADD MATHS SJY/CSY/YT	MATHS/ ADD MATHS SJY/CSY/YT	CHEMISTRY LKS/STH		SPM HISTORY S/H			
Thursday		Group 1 CHINESE LANGUAGE KZC/CTS/SSP Group 2 CHINESE LANGUAGE LAU CHUAN SIN	ENGLISH AL/A/JI/J			CHEMISTRY LKS/STH	BAHASA MALAYSIA I/N/P/SH	PHYSICAL EDUCATION GOKU		BIOLOGY T/A/LWC	MATHS/ ADD MATHS SJY/CSY/YT	PHYSICS YT/LPF	
Friday		Group 1 CHINESE LANGUAGE KZC/CTS/SSP Group 2 CHINESE LANGUAGE LAU CHUAN SIN	BAHASA MALAYSIA I/N/P/SH	ENGLISH AL/A/J/JI		CHEMISTRY LKS/STH	Group 1 CHINESE LANGUAGE KZC/CTS/SSP Group 2 CHINESE LANGUAGE LAU CHUAN SIN	PHYSICS YT/LPF		BIOLOGY T/A/LWC		MATHS/ ADD MATHS SJY/CSY/YT	

S2LI

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : ONG CHEAH MENG, CHING CHING ONG

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			SPM HISTORY S/H	BIOLOGY T/A/LWC		ENGLISH AL/A/J/JI	COMPUTER JEEVA			PHYSICS YT/LPF	BAHASA MALAYSIA I/N/P/SH	Group 1 CHINESE LANGUAGE KZC/CTS/SSP Group 2 CHINESE LANGUAGE LAU CHUAN SIN	MATHS/ ADD MATHS SJY/CSY/YT
Tuesday		Group 1 CHINESE LANGUAGE KZC/CTS/SSP Group 2 CHINESE LANGUAGE LAU CHUAN SIN		BIOLOGY T/A/LWC		SPM MORAL OYY/II	ENGLISH AL/A/J/JI	MATHS/ ADD MATHS SJY/CSY/YT		MATHS/ ADD MATHS SJY/CSY/YT	BAHASA MALAYSIA I/N/P/SH	CHEMISTRY LKS/STH	
Wednesday		PHYSICS YT/LPF	BAHASA MALAYSIA I/N/P/SH	ENGLISH AL/A/J/JI		MATHS/ ADD MATHS SJY/CSY/YT	MATHS/ ADD MATHS SJY/CSY/YT	CHEMISTRY LKS/STH		SPM HISTORY S/H			
Thursday		Group 1 CHINESE LANGUAGE KZC/CTS/SSP Group 2 CHINESE LANGUAGE LAU CHUAN SIN	ENGLISH AL/A/JI/J			CHEMISTRY LKS/STH	BAHASA MALAYSIA I/N/P/SH	PHYSICAL EDUCATION GOKU		BIOLOGY T/A/LWC	MATHS/ ADD MATHS SJY/CSY/YT	PHYSICS YT/LPF	
Friday		Group 1 CHINESE LANGUAGE KZC/CTS/SSP Group 2 CHINESE LANGUAGE LAU CHUAN SIN	BAHASA MALAYSIA I/N/P/SH	ENGLISH AL/A/J/JI		CHEMISTRY LKS/STH	Group 1 CHINESE LANGUAGE KZC/CTS/SSP Group 2 CHINESE LANGUAGE LAU CHUAN SIN	PHYSICS YT/LPF		BIOLOGY T/A/LWC		MATHS/ ADD MATHS SJY/CSY/YT	

S2PIN

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : FU WAH KIT

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			SPM HISTORY S/H	BIOLOGY T/A/LWC		ENGLISH AL/A/J/JI	COMPUTER JEEVA			PHYSICS YT/LPF	BAHASA MALAYSIA I/N/P/SH	Group 1 CHINESE LANGUAGE KZC/CTS/SSP Group 2 CHINESE LANGUAGE LAU CHUAN SIN	MATHS/ ADD MATHS SJY/CSY/YT
Tuesday		Group 1 CHINESE LANGUAGE KZC/CTS/SSP Group 2 CHINESE LANGUAGE LAU CHUAN SIN		BIOLOGY T/A/LWC		SPM MORAL OYY/II	ENGLISH AL/A/J/JI	MATHS/ ADD MATHS SJY/CSY/YT		MATHS/ ADD MATHS SJY/CSY/YT	BAHASA MALAYSIA I/N/P/SH	CHEMISTRY LKS/STH	
Wednesday		PHYSICS YT/LPF	BAHASA MALAYSIA I/N/P/SH	ENGLISH AL/A/J/JI		MATHS/ ADD MATHS SJY/CSY/YT	MATHS/ ADD MATHS SJY/CSY/YT	CHEMISTRY LKS/STH		SPM HISTORY S/H			
Thursday		Group 1 CHINESE LANGUAGE KZC/CTS/SSP Group 2 CHINESE LANGUAGE LAU CHUAN SIN	ENGLISH AL/A/JI/J			CHEMISTRY LKS/STH	BAHASA MALAYSIA I/N/P/SH	PHYSICAL EDUCATION GOKU		BIOLOGY T/A/LWC	MATHS/ ADD MATHS SJY/CSY/YT	PHYSICS YT/LPF	
Friday		Group 1 CHINESE LANGUAGE KZC/CTS/SSP Group 2 CHINESE LANGUAGE LAU CHUAN SIN	BAHASA MALAYSIA I/N/P/SH	ENGLISH AL/A/J/JI		CHEMISTRY LKS/STH	Group 1 CHINESE LANGUAGE KZC/CTS/SSP Group 2 CHINESE LANGUAGE LAU CHUAN SIN	PHYSICS YT/LPF		BIOLOGY T/A/LWC		MATHS/ ADD MATHS SJY/CSY/YT	

S2HE

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : LOKE WAI CHUAN

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			SPM HISTORY S/H	BIOLOGY T/A/LWC		ENGLISH AL/A/J/JI	COMPUTER JEEVA			PHYSICS YT/LPF	BAHASA MALAYSIA I/N/P/SH	Group 1 CHINESE LANGUAGE KZC/CTS/SSP R23-2 Group 2 CHINESE LANGUAGE HO WEI HOW	MATHS/ ADD MATHS SJY/CSY/YT
Tuesday		Group 1 CHINESE LANGUAGE KZC/CTS/SSP		BIOLOGY T/A/LWC		SPM MORAL OYY/I	ENGLISH AL/A/J/JI	MATHS/ ADD MATHS SJY/CSY/YT		MATHS/ ADD MATHS SJY/CSY/YT	BAHASA MALAYSIA I/N/P/SH	CHEMISTRY LKS/STH	
		Group 2 CHINESE LANGUAGE LEE SHI HUI	R22-1 Group 2 CHINESE LANGUAGE HO WEI HOW										
Wednesday		PHYSICS YT/LPF	BAHASA MALAYSIA I/N/P/SH	ENGLISH AL/A/J/JI		MATHS/ ADD MATHS SJY/CSY/YT	MATHS/ ADD MATHS SJY/CSY/YT	CHEMISTRY LKS/STH		SPM HISTORY S/H			
Thursday		Group 1 CHINESE LANGUAGE KZC/CTS/SSP R23-1 Group 2 CHINESE LANGUAGE HO WEI HOW	ENGLISH AL/A/JI/J			CHEMISTRY LKS/STH	BAHASA MALAYSIA I/N/P/SH	PHYSICAL EDUCATION GOKU		BIOLOGY T/A/LWC	MATHS/ ADD MATHS SJY/CSY/YT	PHYSICS YT/LPF	
Friday		Group 1 CHINESE LANGUAGE KZC/CTS/SSP Group 2 CHINESE LANGUAGE LEE SHI HUI	BAHASA MALAYSIA I/N/P/SH	ENGLISH AL/A/J/JI		CHEMISTRY LKS/STH	Group 1 CHINESE LANGUAGE KZC/CTS/SSP Group 2 CHINESE LANGUAGE LEE SHI HUI	PHYSICS YT/LPF		BIOLOGY T/A/LWC		MATHS/ ADD MATHS SJY/CSY/YT	

S2QI

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			SPM HISTORY S/H	BIOLOGY T/A/LWC		ENGLISH AL/A/J/JI	COMPUTER JEEVA			PHYSICS YT/LPF	BAHASA MALAYSIA I/N/P/SH	Group 1 CHINESE LANGUAGE KZC / CTS / SSP R23-2 Group 2 CHINESE LANGUAGE HO WEI HOW	MATHS/ ADD MATHS SJY / CSY / YT
Tuesday		Group 1 CHINESE LANGUAGE KZC / CTS / SSP		BIOLOGY T/A/LWC		SPM MORAL OYY / I	ENGLISH AL / A / J / JI	MATHS/ ADD MATHS SJY / CSY / YT		MATHS/ ADD MATHS SJY / CSY / YT	BAHASA MALAYSIA I / N / P / SH	CHEMISTRY LKS / STH	
		Group 2 CHINESE LANGUAGE LEE SHI HUI	R22-1 Group 2 CHINESE LANGUAGE HO WEI HOW										
Wednesday		PHYSICS YT / LPF	BAHASA MALAYSIA I / N / P / SH	ENGLISH AL / A / J / JI		MATHS/ ADD MATHS SJY / CSY / YT	MATHS/ ADD MATHS SJY / CSY / YT	CHEMISTRY LKS / STH		SPM HISTORY S/H			
Thursday		Group 1 CHINESE LANGUAGE KZC / CTS / SSP R23-1 Group 2 CHINESE LANGUAGE HO WEI HOW	ENGLISH AL / A / JI / J			CHEMISTRY LKS / STH	BAHASA MALAYSIA I / N / P / SH	PHYSICAL EDUCATION GOKU		BIOLOGY T / A / LWC	MATHS/ ADD MATHS SJY / CSY / YT	PHYSICS YT / LPF	
Friday		Group 1 CHINESE LANGUAGE KZC / CTS / SSP Group 2 CHINESE LANGUAGE LEE SHI HUI	BAHASA MALAYSIA I / N / P / SH	ENGLISH AL / A / J / JI		CHEMISTRY LKS / STH	Group 1 CHINESE LANGUAGE KZC / CTS / SSP Group 2 CHINESE LANGUAGE LEE SHI HUI	PHYSICS YT / LPF		BIOLOGY T / A / LWC		MATHS/ ADD MATHS SJY / CSY / YT	

S2AI

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : KONG ZEE CHING

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			SPM HISTORY S/H	BIOLOGY T/A/LWC		ENGLISH AL/A/J/JI	COMPUTER JEEVA			PHYSICS YT/LPF	BAHASA MALAYSIA I/N/P/SH	Group 1 CHINESE LANGUAGE KZC / CTS / SSP R23-2 Group 2 CHINESE LANGUAGE HO WEI HOW	MATHS/ ADD MATHS SJY / CSY / YT
Tuesday		Group 1 CHINESE LANGUAGE KZC / CTS / SSP		BIOLOGY T/A/LWC		SPM MORAL OYY/I	ENGLISH AL/A/J/JI	MATHS/ ADD MATHS SJY / CSY / YT		MATHS/ ADD MATHS SJY / CSY / YT	BAHASA MALAYSIA I/N/P/SH	CHEMISTRY LKS / STH	
		Group 2 CHINESE LANGUAGE LEE SHI HUI	R22-1 Group 2 CHINESE LANGUAGE HO WEI HOW										
Wednesday		PHYSICS YT/LPF	BAHASA MALAYSIA I/N/P/SH	ENGLISH AL/A/J/JI		MATHS/ ADD MATHS SJY / CSY / YT	MATHS/ ADD MATHS SJY / CSY / YT	CHEMISTRY LKS / STH		SPM HISTORY S/H			
Thursday		Group 1 CHINESE LANGUAGE KZC / CTS / SSP R23-1 Group 2 CHINESE LANGUAGE HO WEI HOW	ENGLISH AL/A/JI/J			CHEMISTRY LKS / STH	BAHASA MALAYSIA I/N/P/SH	PHYSICAL EDUCATION GOKU		BIOLOGY T/A/LWC	MATHS/ ADD MATHS SJY / CSY / YT	PHYSICS YT / LPF	
Friday		Group 1 CHINESE LANGUAGE KZC / CTS / SSP Group 2 CHINESE LANGUAGE LEE SHI HUI	BAHASA MALAYSIA I/N/P/SH	ENGLISH AL/A/J/JI		CHEMISTRY LKS / STH	Group 1 CHINESE LANGUAGE KZC / CTS / SSP Group 2 CHINESE LANGUAGE LEE SHI HUI	PHYSICS YT / LPF		BIOLOGY T/A/LWC		MATHS/ ADD MATHS SJY / CSY / YT	

S3ZH

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : LEOW WAI HONG

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			BOOK KEEPING AND ACCOUNTS KOK KIM WAH	HISTORY QUI LEE LEE		GEOGRAPHY WONG SHU FENN	ENGLISH JI / OC	BAHASA MALAYSIA P / OYY		COMMERCIAL CHING CHING ONG	MATHS LWH / YGR	CHINESE LANGUAGE QUI LEE LEE	
Tuesday		ENGLISH JI / OC / AL		MATHS LWH / YGR		GEOGRAPHY WONG SHU FENN	BOOK KEEPING AND ACCOUNTS KOK KIM WAH	PHYSICAL EDUCATION GOKU		SPM SCIENCE LIM YOON FOO	SPM HISTORY HASYAH	CHINESE LANGUAGE QUI LEE LEE	CHINESE LANGUAGE QUI LEE LEE
Wednesday		ENGLISH JI / OC	MATHS LWH / YGR	BAHASA MALAYSIA P / OYY		GEOGRAPHY WONG SHU FENN	ENGLISH JI / OC	SPM MORAL I / OYY		SPM SCIENCE LIM YOON FOO			
Thursday		BAHASA MALAYSIA P / OYY		SPM HISTORY HASYAH		COMMERCIAL CHING CHING ONG	ENGLISH JI / OC	CHINESE LANGUAGE QUI LEE LEE		BOOK KEEPING AND ACCOUNTS KOK KIM WAH	MATHS LWH / YGR	HISTORY QUI LEE LEE	MATHS LWH / YGR
Friday		BAHASA MALAYSIA P / OYY	COMPUTER HEONG CHOON HO			COMMERCIAL CHING CHING ONG	BOOK KEEPING AND ACCOUNTS KOK KIM WAH	CHINESE LANGUAGE QUI LEE LEE		HISTORY QUI LEE LEE	MATHS LWH / YGR	MATHS LWH / YGR	

S3XO

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : KOK KIM WAH

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			BOOK KEEPING AND ACCOUNTS KOK KIM WAH	HISTORY QUI LEE LEE		GEOGRAPHY WONG SHU FENN	ENGLISH JI / OC	BAHASA MALAYSIA P / OYY		COMMERCIAL CHING CHING ONG	MATHS LWH / YGR	CHINESE LANGUAGE QUI LEE LEE	
Tuesday		ENGLISH JI / OC / AL		MATHS LWH / YGR		GEOGRAPHY WONG SHU FENN	BOOK KEEPING AND ACCOUNTS KOK KIM WAH	PHYSICAL EDUCATION GOKU		SPM SCIENCE LIM YOON FOO	SPM HISTORY HASYAH	CHINESE LANGUAGE QUI LEE LEE	CHINESE LANGUAGE QUI LEE LEE
Wednesday		ENGLISH JI / OC	MATHS LWH / YGR	BAHASA MALAYSIA P / OYY		GEOGRAPHY WONG SHU FENN	ENGLISH JI / OC	SPM MORAL I / OYY		SPM SCIENCE LIM YOON FOO			
Thursday		BAHASA MALAYSIA P / OYY		SPM HISTORY HASYAH		COMMERCIAL CHING CHING ONG	ENGLISH JI / OC	CHINESE LANGUAGE QUI LEE LEE		BOOK KEEPING AND ACCOUNTS KOK KIM WAH	MATHS LWH / YGR	HISTORY QUI LEE LEE	MATHS LWH / YGR
Friday		BAHASA MALAYSIA P / OYY	COMPUTER HEONG CHOON HO			COMMERCIAL CHING CHING ONG	BOOK KEEPING AND ACCOUNTS KOK KIM WAH	CHINESE LANGUAGE QUI LEE LEE		HISTORY QUI LEE LEE	MATHS LWH / YGR	MATHS LWH / YGR	

S3REN

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : ONG YING YING

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			BIOLOGY YIP SIEW KENG	SPM MORAL ONG YING YING		CHINESE LANGUAGE KONG ZEE CHING	PHYSICAL EDUCATION GOKU	ENGLISH ANNIE LIM		CHINESE LANGUAGE KONG ZEE CHING	ENGLISH ANNIE LIM	MATHS ADD MATHS LEE CHEE YEH	CHEMISTRY LIM YOON FOO
Tuesday		ENGLISH JI / OC / AL		BAHASA MALAYSIA ONG YING YING		PHYSICS ONG KAR WENG	CHINESE LANGUAGE KONG ZEE CHING			COMPUTER HEONG CHOON HO		BIOLOGY YIP SIEW KENG	MATHS/ ADD MATHS LEE CHEE YEH
Wednesday		CHEMISTRY LIM YOON FOO	CHINESE LANGUAGE KONG ZEE CHING	MATHS ADD MATHS LEE CHEE YEH		BAHASA MALAYSIA ONG YING YING	PHYSICS ONG KAR WENG			SPM HISTORY ATHIRAH			
Thursday		BIOLOGY YIP SIEW KENG		MATHS ADD MATHS LEE CHEE YEH		BAHASA MALAYSIA ONG YING YING	ENGLISH ANNIE LIM	SPM HISTORY ATHIRAH		CHEMISTRY LIM YOON FOO	PHYSICS ONG KAR WENG		MATHS ADD MATHS LEE CHEE YEH
Friday		BIOLOGY YIP SIEW KENG	BAHASA MALAYSIA ONG YING YING			CHINESE LANGUAGE KONG ZEE CHING	MATHS/ ADD MATHS LEE CHEE YEH	ENGLISH ANNIE LIM		CHEMISTRY LIM YOON FOO		MATHS ADD MATHS LEE CHEE YEH	

S3LI

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : ONG KAR WENG

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			COMPUTER ONG EIK HOOI			MATHS/ ADD MATHS CHAI SIEW YIN	BIOLOGY YIP SIEW KENG	ENGLISH ANNIE LIM		CHEMISTR Y LUM KOK SENG	ENGLISH ANNIE LIM	MATHS ADD MATHS CHAI SIEW YIN	PHYSICS ONG KAR WENG
Tuesday		ENGLISH JI / OC / AL		BAHASA MALAYSIA ONG YING YING		MATHS/ ADD MATHS CHAI SIEW YIN	CHEMISTR Y LUM KOK SENG	CHINESE LANGUAGE CHIEW TECK SENG		CHINESE LANGUAGE CHIEW TECK SENG	BIOLOGY YIP SIEW KENG	PHYSICS ONG KAR WENG	
Wednesday		CHINESE LANGUAGE CHIEW TECK SENG	CHEMISTRY LUM KOK SENG			BAHASA MALAYSIA ONG YING YING	BIOLOGY YIP SIEW KENG	MATHS ADD MATHS CHAI SIEW YIN		PHYSICS ONG KAR WENG			
Thursday		MATHS ADD MATHS CHAI SIEW YIN	PHYSICS ONG KAR WENG	CHINESE LANGUAGE CHIEW TECK SENG		BAHASA MALAYSIA ONG YING YING	ENGLISH ANNIE LIM	MATHS/ ADD MATHS CHAI SIEW YIN		CHEMISTR Y LUM KOK SENG	PHYSICAL EDUCATIO N GOKU	BIOLOGY YIP SIEW KENG	
Friday		CHEMISTR Y LUM KOK SENG	BAHASA MALAYSIA ONG YING YING			MATHS/ ADD MATHS CHAI SIEW YIN	BIOLOGY YIP SIEW KENG	ENGLISH ANNIE LIM		CHINESE LANGUAGE CHIEW TECK SENG		PHYSICS ONG KAR WENG	

CNA

SM Poi Lam, 31500 Ipoh, Perak

Class teacher : ONG KAR WENG

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			COMPUTER ONG EIK HOOI			MATHS LEOW WAI HONG	INTERACTI VE ENGLIS H ANNY FOONG			GEOGRAP HY WONG SHU FENN	ENGLISH KESHIMINDER	ENGLISH CHING CHING ONG	
Tuesday		ENGLISH KESHIMINDER	HISTORY QUI LEE LEE	PHYSICAL EDUCATIO N GOKU		MATHS LEOW WAI HONG	CHINESE LANGUAGE CHIEW TECK SENG			CHINESE LANGUAGE CHIEW TECK SENG	ENGLISH CHING CHING ONG		GEOGRAP HY WONG SHU FENN
Wednesday		CHINESE LANGUAGE CHIEW TECK SENG	ENGLISH KESHIMINDER			MATHS LEOW WAI HONG	HISTORY QUI LEE LEE			GEOGRAP HY WONG SHU FENN			
Thursday		INTERACTIVE ENGLISH ANNY FOONG		CHINESE LANGUAGE CHIEW TECK SENG		MATHS LEOW WAI HONG	CHINESE LANGUAGE CHIEW TECK SENG			GEOGRAP HY WONG SHU FENN	HISTORY QUI LEE LEE	ENGLISH KESHIMINDER	
Friday		ENGLISH KESHIMINDER		HISTORY QUI LEE LEE		MATHS LEOW WAI HONG	PHYSICAL EDUCATIO N GOKU			CHINESE LANGUAGE CHIEW TECK SENG		INTERACTI VE ENGLIS H ANNY FOONG	

Valid from 15-07-2020

CHI MEETING

SM Poi Lam, 31500 Ipoh, Perak

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			MEETING GJH / KZC / LSH / CBF / LMY / OZF / SSP / TCCM / WCY / YKC / C / CSS / H / L										
Tuesday													
Wednesday													
Thursday													
Friday													

Valid from 15-07-2020

BM MEETING

SM Poi Lam, 31500 Ipoh, Perak

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday													
Tuesday							MEETING H/H/H/I/LSC/ N/N/N/P/SH/ S/ZA/OYY/A						
Wednesday													
Thursday													
Friday													

Valid from 15-07-2020

ENG MEETING

SM Poi Lam, 31500 Ipoh, Perak

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday													
Tuesday													
Wednesday													
Thursday													
Friday													

MATHS MEETING

SM Poi Lam, 31500 Ipoh, Perak

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday													
Tuesday													MEETING D / LSW / N / OEH T / G / CSY / SJY CWM / FA
Wednesday													
Thursday													
Friday													

Valid from 15-07-2020

COMP MEETING

SM Poi Lam, 31500 Ipoh, Perak

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday													MEETING HCH / HJY / J / LSW / TKF
Tuesday													
Wednesday													
Thursday													
Friday													

UEC MATHS MEETING

SM Poi Lam, 31500 Ipoh, Perak

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday													
Tuesday													
Wednesday													
Thursday		MEETING LWH / LCY / C YGR											
Friday													

Valid from 15-07-2020

GS MEETING

SM Poi Lam, 31500 Ipoh, Perak

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday													
Tuesday													
Wednesday													
Thursday													MEETING N / LHT / KAT / W
Friday													

Valid from 15-07-2020

BIO/PHY/CHEM MEETING

SM Poi Lam, 31500 Ipoh, Perak

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			MEETING A / STH / T / KYT / W / LKS / LWC / LPF / OKW / LYF / S / T / W										
Tuesday													
Wednesday													
Thursday													
Friday													

HISTORY MEETING

SM Poi Lam, 31500 Ipoh, Perak

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday													
Tuesday				MEETING LBL / OZF / TCCM / GJH / L / H / CSS / SSP / QLL									
Wednesday													
Thursday													
Friday													

PT3/SPM SEJ MEETING

SM Poi Lam, 31500 Ipoh, Perak

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday													
Tuesday													
Wednesday													
Thursday													
Friday			MEETING										

LBL / A / H / S / N
A

Valid from 15-07-2020

SPM MORAL

SM Poi Lam, 31500 Ipoh, Perak

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday													
Tuesday		MEETING 1/OYY											
Wednesday													
Thursday													
Friday													

Valid from 15-07-2020

GEO MEETING

SM Poi Lam, 31500 Ipoh, Perak

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday													
Tuesday													
Wednesday													
Thursday													
Friday											MEETING		

S / ZA / N / SDW /
YKC / WCY / SW

Valid from 15-07-2020

ART MEETING

SM Poi Lam, 31500 Ipoh, Perak

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday													
Tuesday													
Wednesday													
Thursday						MEETING							
						CBF / LSH							
Friday													

Valid from 15-07-2020

ACC/BS MEETING

SM Poi Lam, 31500 Ipoh, Perak

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday													
Tuesday													
Wednesday													
Thursday													
Friday													

Valid from 15-07-2020

PE MEETING

SM Poi Lam, 31500 Ipoh, Perak

	MS 7:15 - 7:45	1 7:45 - 8:25	2 8:25 - 9:05	3 9:05 - 9:45	FIRST RECESS 9:45 - 10:25	4 10:25 - 11:05	5 11:05 - 11:45	6 11:45 - 12:25	SECOND RECESS 12:25 - 1:05	7 1:05 - 1:45	8 1:45 - 2:25	9 2:25 - 3:05	10 3:05 - 3:45
Monday			MEETING HJY/G/O										
Tuesday													
Wednesday													
Thursday													
Friday													